HELPFUL NUMBERS

Child Support Division of the Office of the Attorney General of Texas
1.800.252.8014

Community Council of Greater Dallas- Information and Referral
214.871.5065

CONTACT Crisis Line
Adult: 972.233.2233
Teen: 972.233.TEEN
Spanish: 972.233.2428

Dallas Association for Parent Education
WARMLINE 972.699.7742

National Domestic Violence Hotline
1.800.799.SAFE
1.800.787.3224 (TTY)

National Eye Care Project Hotline
1.800.222.3937

Parents Special Education Hotline (TEA)
1.800.252.9668

Ready for Life
214.740.9241

Social Security Administration
1.800.772.1213

Suicide and Crisis Center
214.828.1000
1.866.672.5100

Texas Abuse Hotline
1.800.252.5400

Texas Health and Human Services Commission
• Information about health and human services in your area: 211
• Toll free: 1.877.541.7905
• Medicaid client hotline: 1.800.252.8263
• CHIP: 1.877.543.7669

Texas Poison Center Network
1.800.222.1222
214.589.0915 (local)

Texas Runaway Hotline
1.888.580.4357

Texas Youth Hotline
1.800.98.YOUTH

The Texas Family Code (261.101) requires that any person who believes a child is being abused, neglected, or exploited to report this to the Texas Department of Family and Protective Services Abuse Hotline (800.252.5400). A person reporting in good faith is immune from civil or criminal liability.
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Achievement Center of Texas  
2950 North Shiloh Rd. Garland, TX 75044

| Phone:  | 972.414.7700 |
| Fax:    | 972.414.5500 |
| Email:  | mserie@tx.rr.com |
| Website:| www.achievementcenteroftexas.com |
| Hours:  | 7 a.m. to 6 p.m., M-F |
| Ages Served: | 18 months to 50 years |
| Languages: | English, Spanish and Sign Language |
| Area Served: | Dallas, Collin and Rockwall Counties |

Services:
- Life skills training (music, art exploration, community inclusion activities, computer training and physical education) for children and adults with disabilities.

Addicare  
2722 W. Kingsley Suite 115  
Garland, TX 75041

| Phone:  | 972.278.4760 |
| Fax:    | 972.278.4760 |
| Website:| www.addicare.com |
| Hours:  | 8:30 a.m. to 8 p.m., M-Th; 8 a.m. to Noon, F |
| Ages Served: | 14 years to 65 years |
| Area Served: | Garland and surrounding area |

Services:
- Outpatient drug and alcohol treatment for adults and adolescents
- Anger and stress management
- Drug testing
- Counseling
- DWI education program
- Repeat offender education

Al-Anon/Alateen Information Services  
6162 E. Mockingbird Ln. Suite 209  
Dallas, TX 75214

| Phone:  | 214.363.0461 English  
214.941.6599 Spanish |
| Email:  | info@dallasal-anon.org |
| Website:| www.dallasal-anon.org |
| Hours:  | 9 a.m. to 3 p.m., M-F 
Closed on federal holidays |
| Ages Served: | 6 years and older |
| Languages: | English and Spanish (materials available in 11 languages) |

Services:
- Support groups for families and friends of alcoholics
- Professional resource materials
- Speakers
- Alateen or pre-teen groups for children ages 6 to 19

Alcoholics Anonymous  
6162 E. Mockingbird Lane Suite 213  
Dallas, TX 75214

| Location:  | Northeast |
| Phone:     | 214.887.6699 (24-Hour) |
| Fax:       | 214.887.0443 |
| Email:     | help@aadallas.org |
| Website:   | www.aadallas.org |
| Hours:     | 10 a.m. to 5 p.m., M-F 
10 a.m. to 2 p.m., every 2nd and 3rd Saturday |

Services:
- Information about Alcoholics Anonymous program of recovery and group locations in the Dallas area
- Speakers

Angel Food Ministries  
Multiple sites across North Texas

| Phone:  | 1.877.FOOD.MINSTRY  
1.877.366.3646 (24-Hour) |
| Fax:    | 770.267.8031 |
| Email:  | angelfood@angelfoodministries.com |
| Website:| www.angelfoodministries.com |

Services:
- Provides food relief and financial support to communities by offering $30 units of food (with an average retail value of approximately $60).
- No qualifications, minimums, income restrictions or applications
Anthem (Alliance for North Texas Healthy and Effective Marriages)
12800 Hillcrest Rd. A124 Dallas, TX 75230

Location: Multiple locations-call for class availability
Phone: 214.231.7093
Fax: 214.426.0906
Email: info@anthemnorthtexas.org
Website: www.anthemnorthtexas.org; www.strongfamiliesdallas.org
Hours: Varies depending on workshop
Ages Served: Adults and young adults
Languages: English and Spanish
Services:
• Interactive workshops (healthy relationship skills)
  - respectful communication, conflict resolution, responsible money attitudes, effective management of emotional triggers, healthy anger expression, win/win behavior, defining destructive behavior, biology of love, choosing wisely, high trust character and establishing a good life.

Arc of Dallas, The
12700 Hillcrest Rd. Suite 200
Dallas, TX 75230

Location: Northwest
Phone: 214.634.9810
Fax: 214.634.9815
Email: info@arcdallas.org
Website: www.arcdallas.org; www.allkidscan.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: All ages
Languages: English and Spanish
Area Served: Dallas, Collin and Rockwall Counties
Services:
• Information and referrals for family support
• Individualized intervention for people with developmental disabilities
• Targeted education and training for family members and professionals
• Spring and summer continuing education classes for adults with developmental disabilities designed to improve life skills, leisure skills and leadership skills
• Day camp for children with disabilities
• Site-based respite care for children with disabilities
• Guardianship program for 18 to 49 year-old residents previously diagnosed with cognitive disabilities who meet eligibility guidelines
• ALL KIDS CAN, a school-based curriculum helping students learn to understand and respect people with disabilities

Arrow Child and Family Ministries
2356 E. Rd. to Six Flags
Arlington, TX 76011

Phone: 817.695.5857
1.800.556.5750
Fax: 817.695.6529
Website: www.arrow.org
Email: info@arrow.org
Hours: 8 a.m. to 5 p.m., M-F
Ages Served: 0 to 18 years
Languages: English
Area Served: Arlington, Dallas, Ft. Worth, Corsicana, Tyler, Houston, Angleton, Austin, Waco, Abilene, Corpus Christi and San Antonio
Services:
• Child placing agency for abused and neglected children
• Training and licensing for therapeutic foster parents
• Approval of adoptive homes
• Statewide services including a therapeutic summer camp, corporate training facilities, parent education and adoption services

Austin Street Centre
2929 Hickory Street Dallas, TX 75226

Location: Central
Phone: 214.428.4242
Fax: 214.428.8158
Website: www.austinstreet.org
Hours: 4 p.m. to 6 a.m., 7 days a week
Ages Served: Men over 45, women and children
Languages: English and Spanish
Area Served: Dallas and surrounding areas
Services:
• Emergency, overnight temporary shelter for men, women and children
• Day program for women and children
• Rehabilitation program
• Medical and psychiatric services
• Transitional living facility

Autism Society of America
Dallas Area Chapter
10503 Metric Drive Dallas, TX 75243

Phone: 214.208.0792
Email: autismsociety_dallas@yahoo.com
Website: www.autism-society.org/dallas_chapter
Hours: 6 p.m. leadership meetings
7 p.m. general membership meetings
Meetings on the third Tuesday of the month at the Northhaven United Methodist Church, 11211 Preston Rd. Rm. 237, Dallas, TX 75230

Languages: English and Spanish

Services:
• Information and Support

AVANCE-Dallas
2816 Swiss Avenue Dallas, TX 75204

Location: Central
Phone: 214.887.9907
Fax: 214.887.9159
Website: www.avance-dallas.org
Email: avance-dallas@avance.org
Hours: 7 a.m. to 4 p.m., M-F
Ages Served: Parents with children under age 4
Languages: Spanish
Area Served: West Dallas, Love Field, Oak Cliff, Bachman Lake, East Dallas and Pleasant Grove

Services:
• Parenting education program - a nine-month parenting and family education program for parents with young children, which includes toy making, parenting classes, home visitation and child care.
• Family literacy program - ESL and GED preparation courses.

Bachman Recreation Center
2750 Bachman Drive Dallas, TX 75220

Phone: 214.670.6266
Fax: 214.670.6271
Website: www.dallasparks.org/Facilities/recreation.aspx
Hours: 8:30 a.m. to 7 p.m., M-F
Ages Served: 6 years to adult, seniors
Languages: English and ASL Sign Language
Area Served: Dallas

Services:
• Recreation and leisure services for individuals who are mentally, physically and/or emotionally disabled.
• Therapeutic indoor pool provides aqua exercise for older adults.

Baylor College of Dentistry
3302 Gaston Avenue Dallas, TX 75246

Phone: 214.828.8440 General information
214.823.1376 Screening appointment
214.828.8489 Emergency extractions

Wednesdays 9 to 10:30 a.m.
Fax: 214.828.8958
Website: www.tambcd.edu
Hours: 8 a.m. to 5 p.m., M-F
Emergency Extractions 7 a.m., M-F
Ages Served: Children and adults

Services:
• General and specialty dental procedures performed by dental students.
• Patients are charged based on cost of materials rather than ability to pay and there are no residency restrictions.

Because I Love You of Texas

Meeting:
First Presbyterian Church 319 LaSalle Drive
Richardson, TX 75081
Mail:
802 Lake Pointe Circle McKinney, TX 75070

Phone: 972.647.9573
Fax: 972.529.9973
Website: www.bily.org
Email: ewatanabe@sbcglobal.net
Hours: Monday evenings 7:30 to 9:30 p.m.
Ages Served: Meetings are for parents only
Languages: English
Area Served: Members are from all area cities

Services:
• Free self-help support group for parents who have children in crisis.
• Help for parents of children with pre-teen and teen issues such as: missing school, running away, underage drinking, abusing drugs.
• Provides a safe meeting place to get help with ideas and support from other parents whose children are experiencing the same issues.
Bethlehem Foundation
1159 W. Camp Wisdom Rd.
Dallas, TX 75232

Location: Southwest
Phone: 214.371.3407
Hours: 9 a.m. to 6 p.m., M-F

Services:
• Provides emergency assistance (food, clothing, rent, utilities) on a limited basis to residents in immediately surrounding zip codes.

Betty Ford Center-Five Star Kids
1320 Greenway Drive Suite 100
Irving, TX 75038

Phone: 972.753.0552
Fax: 972.753.0001
Website: www.bettyfordcenter.org
Email: dallas@bettyfordcenter.org
Hours: 10:30 a.m. to 3:30 p.m., Th-Sat.
Ages Served: Children ages 7 to 12 years and their parents
Languages: English and Spanish
Area Served: DFW Metroplex

Services:
• Intensive educational support program for children impacted by the drug and alcohol addiction of a loved one.
• There is a fee for services; however, no child is turned away due to financial concerns. Scholarships are available.

Big Brothers, Big Sisters of North Texas
2900 Live Oak Dallas, TX 75204

Phone: 214.871.0876
Fax: 972.421.1770
Website: www.bbbsnt.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: 7 to 14 years
Languages: English and Spanish
Area Served: Dallas, Denton, Collin, Tarrant and Grayson Counties

Services:
• Matching of a volunteer with children ages 7 to 14 who are primarily from single-parent families.
• Provides case management services to clients and their families through local resources.

Boy Scouts of America / Circle 10 Council
8605 Harry Hines Blvd.
Dallas, TX 75235-0726

Phone: 214.902.6700
Fax: 214.902.6789
Email: sferguso@bsamail.org
Website: www.circle10.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: 7-21
Languages: English and Spanish
Area Served: Dallas and 11 surrounding counties

Services:
• Citizenship, character development and personal fitness in a family environment.
Bridge, The
See Metro Dallas Homeless Alliance

Brighter Tomorrows
P.O. Box 532151, Grand Prairie, TX 75053

Phone: 972.263.0506 Admin
972.262.8383 24-hour hotline
972.263.3126 Grand Prairie outreach
Fax: 972.237.2565
Email: jana@brightertomorrows.net
Website: www.brightertomorrows.net
Hours: 9 a.m. to 5 p.m., M-F
Ages Served: All ages
Languages: English, Spanish
Area Served: DFW and Best Southwest

Services:
• Hotline, shelter, transitional housing, crisis intervention and referral for survivors of domestic and sexual abuse
• Community education and parenting classes

Bryan’s House
P.O Box 35868, Dallas, TX 75235

Phone: 214.559.3946
Fax: 214.559.2827
Email: bryanshouse@bryanshouse.org
Website: www.bryanshouse.org
Hours: 24 hr
Ages Served: Families of children ages 0-12,
Childcare and Respite: 0-12 years
Languages: Multi

Services:
• Medically-managed childcare and respite care (including weekends) for families with children with special needs.
• Medically-managed care to HIV positive children and children of HIV positive families.
• Social workers also provide a range of intensive, client centered services that link individuals with health, psychological and other services as needed.

Buckner Children and Family Services
5200 S. Buckner Blvd., Dallas, TX 75227

Location: Northeast
Phone: 214.321.4526
Fax: 214.319.3495
Email: childrenfamily@buckner.org
Website: www.buckner.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: 5 to 17
Languages: English
Area Served: Texas

Services:
• Group care for children, foster families, family based care, community centers, adoption, maternity services, emergency assistance and social services.

Calumet Community Center
321-A Calmet Ave, Dallas, TX 75211

Location: Southwest
Phone: 214.467.1966
Fax: 214.467.1955
Email: jmira@calumetcenter.org
Website: www.calumetcenter.org
Hours: 9 a.m. to 6 p.m., M-F
Ages Served: 5 - 17
Languages: English and Spanish
Area Served: 75208, 75211, 75224 and 75233

Services:
• Non-school hours and summer program (camp)
• Youth program
• Sports and recreation program
• Senior support program
• Computer lab

Camp Fire USA Lone Star Council
4411 Skillman St., Dallas, TX 75206

Location: Northeast (main office)
Phone: 214.824.1122
Fax: 214.824.1148
Email: admin@campfireusadallas.org
Website: www.campfireusa.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: Boys and girls, 5-21
Languages: English and Spanish
Area Served: Dallas, Collin, Ellis, Kaufman, Rockwall Counties and parts of Denton County

Services:
• Provides educational opportunities for boys and girls, ages 5-21 to realize their potential and function as caring, self-directed persons.
• Group activities for children and families teach skills in daily living, decision-making, community service and caring for our earth.
• Offers self-reliance courses to help children learn safety and crime prevention skills, to develop good citizenship and to resist negative peer pressure.
Catholic Charities of Dallas, Inc.
9461 LBJ, Ste. 100, Dallas, TX  75243

Location:  Central (main office)
Phone:  214.520.6590
Fax:  214.520.6595
Website:  www.catholiccharitiesdallas.org
Hours:  Central Office: 9 a.m. to 5 p.m. M-F, other sites vary; only administrative services offered at this site.
Ages Served:  All ages
Languages:  Multi
Area Served:  See specific agency

Services:
- Maternity and adoption
- Licensed and accredited day care
- Older adult nutrition and services
- Adult education
- Immigration services and refugee resettlement
- Health clinics, thrift stores, food pantries, referrals and emergency assistance

Service Sites (services vary by location):
- Brady Center - 4009 Elm St., 214.826.8330; Service area: 75204, 75206, 75223, 75226, 75246 and partial 75214
- Professional Counseling & Children’s Services - 9461 LBJ Freeway, Ste. 100, 214.526.2772
- World of Goods Resale Store - 10677 E. Northwest Highway, Ste. 240, Dallas, TX 75238, 214.342.8231
- Cross Family Center - 4015 South Hampton, 214.6941.8596; Service area: 75203, 75208, 75216, 75224 and 75233 1224 Main St., Garland, 214.287.2792 180 Samuel Blvd. #412, Coppell, 972.462.0865
- Family Assistance Center - 1924 W. Jefferson Blvd, #102, 214.941.8596; Service area: 75203, 75208, 75211, 75216, 75224 and 75233
- Immigration & Legal Services - 5415 Maple Ave, #400, 214.634.7182
- Marillac Social Center - 2827 Lapsley St, 214.638.4997, Service area: 75211
- Refugee & Empowerment Services - 9850 Walnut Hill Ln., #228, 214.553.9909
- Saner Child Development Center at Marillac - 2827 Lapsley St., Dallas, TX 75212, 214.638.1635

Central Dallas Ministries
409 N. Haskell Ave., Dallas, TX  75246
Mailing Address:
P.O. Box 710385, Dallas, TX  75371-0385

Phone:  214.823.8710 x20
Fax:  214.284.5355
Email:  Info@CentralDallasMinistries.org
Website:  www.CentralDallasMinistries.org
Ages Served:  All ages
Languages:  English and Spanish

Services:
- Emergency food assistance
- Medical/dental and legal assistance
- Workforce development/ technology training
- Summer day camps
- Thrift store and credit union
- Affordable housing

Programs:
- Food Pantry - 409 N. Haskell, 214.823.8800
- Thrift Store - 409 N. Haskell, 214.823.8710 x11
- Community Health Services - 801 N. Peak St., 214.821.8644
- Affordable Housing - 214.573.2570
- Project Access - 214.824.8500
- Destination Home - 214.341.7800
- Legal Action - 214.827.1000
- Technology Learning Center - 214.823.4409
- Education Outreach - 214.498.6097
- Transition Resource Action - 214.370.9300

Centro de mi Salud
628 Centre St., Dallas, TX  75208

Location:  Southwest
Phone:  214.941.0798
Fax:  214.941.0408
Email:  Info@CentroMiSalud.com
Website:  www.centromisalud.com
Hours:  9 a.m. to 8 p.m., M-Sat
Ages Served:  4-17
Languages:  English, Spanish and Portuguese
Area Served:  Dallas County

Services:
- Psychotherapy and case management for sexually and physically abused children.
- Individual, family and group counseling.
- ADHD, truancy, anger management, psychiatric and psychological evaluation.
- ESL classes and parenting classes
Child Abuse Prevention Center (Formerly EXCAP)
2902 Swiss Ave., Dallas, TX 75204

Phone: 214.370.9810
Fax: 214.824.6901
Email: excap@excap.org
Website: www.excap.org
Hours: 8:30 a.m. to 4:30 p.m., M-F
Ages Served: All
Area Served: Dallas County

Services:
• Parent Aide Monitor - program provides in-home mentoring services to families referred by Child Protective Service Dallas Children’s Advocacy Center.
• Shaken Baby Syndrome Education - provides community education to high school students, child care providers and other groups.
• Families First - provides a four hour education course for divorcing parents and a concurrent children’s program.
• Healthy Families - provides in-home services to pregnant and parenting teens in targeted zip codes. Referrals from WIC, DISD and Parkland hospital.

ChildCareGroup
8585 N. Stemmons Freeway #500 South,
Dallas, TX 75247

Phone: 214.631.2273 24-hour hotline
214.630.5949 Child care assistance
Fax: 214.688.4436
Email: info@ccgroup.org
Website: www.childcaregroup.org

Services:
• Provides or manages care of more than 14,000 children from low-income families.
• Provides family-focused quality child care to infants, toddlers and preschoolers.
• Helps find quality child care in 42 counties in North Texas.
• Administers a food and nutrition program.

Child and Family Guidance Centers
8915 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest (main office)
Phone: 214.351.3490
Fax: 214.352.0871
Website: www.childrenandfamilies.org
Hours: 9 a.m. to 5 p.m., M-F
After hours appointments available

Ages Served: Adolescents, Teen and Adult
Languages: English and Spanish
Area Served: Clinics in Dallas, Mesquite and Plano

Services:
• Outpatient mental health- individual, family, marital and children’s play therapy.
• Psychiatric rehabilitation for emotionally disturbed children (3-17)
• Skills training, behavior management, case management, medication management and therapy.
• Assessments: individual and family clinical, substance, medication and psychiatric evaluation.
• Divorce education classes for adults and children, skills and strategies for coping with separation, loss and family restructuring related to divorce. (One 4-hour class: $55 per adult, $25.00 per child)
• Parent training classes. (please call for details)

Payment Options:
• Self-pay, private insurance, NorthSTAR, Medicaid/Medicare and governmental contracts: Department of Family and Protective Services and Texas Commission on Alcohol and Drug Abuse. Sliding scale available based on financial assessment.

Clinic Locations:
• Main Office – 8915 Harry Hines Blvd., Dallas
• Plano Office – 4031 W. Plano Pkwy, Ste. 211
• Mesquite Office - 120 W. Main St., Ste. 220
• South Dallas/Oakcliff - 210 W. Tenth St.

Child Protective Services
See Dept. of Family and Protective Services

Child Support Enforcement Division
Dallas County Domestic Relations Office (DRO)
600 Commerce St., Suite 128
Dallas, TX 75202

Phone: 214.653.7584
Fax: 214.653.7574
Website: www.dallascounty.org/department/childsupport/childsupport_intro.html
Email: childsup@dallascounty.org
Hours: 8 a.m. to 4:30 p.m.

Services:
• Enforce child support orders that are in the CARE Program, ordered by Dallas County Family District Courts after October 2005.
• Provides information to other resources, such as the Texas Attorney General Office location that may be able to assist you.
Children First Counseling Center  
509 NE 4th Street #200  
Grand Prairie, TX  75050

Phone:  972.264.0604  
Fax:  972.264.9998  
Email:  office@childrenfirstinc.org  
Website:  www.childrenfirstinc.org  
Hours:  9 a.m. to 8 p.m., M-F  
        9 a.m. to 5 p.m., Sat.  
Counseling by appointment only

Ages Served:  3 - elderly  
Languages:  English and Spanish  
Area Served:  Grand Prairie, Eastern Dallas Co.

Services:  
• Child abuse and neglect prevention  
• Individual, couple and family counseling and support groups  
• Batterers and survival skills groups  
• Domestic violence counseling  
• Mentoring, anti-gang and Shaken Baby programs  
• Parenting Classes  
• Juvenile offender program  
• Speakers

Children’s Medical Center of Dallas  
REACH Program and Clinic  
1935 Medical District Dr., Dallas, TX 75235

Location:  Northwest  
Phone:  214.456.6919  
Fax:  214.456.6401  
Website:  www.childrens.com  
Ages Served:  0-18  
Languages:  English and Spanish  
Area Served:  Dallas County

Services:  
• Specialized medical evaluations of children and adolescents who are suspected of having been victims of child abuse and neglect.  
• Outpatient medical evaluations, inpatient consultations, psychosocial assessments, referrals to counseling and other community resources, case review consultation, and expert testimony in criminal and civil court cases. Referrals must come from Dallas CPS, police divisions in Dallas County, the District Attorney’s office or a physician.

Christian Care Center, Inc. (CCC)  
1000 Wiggins Parkway, Mesquite, TX  75150

Phone:  972.686.3100  
Email:  jjordan@cccinc.net  
Website:  www.cccinc.net

Services:  
• Operates two community homes for adults with mental retardation.  
• ICF-MR Levels 1 and V. Residents attend workshops during the day to move employment if possible. Admissions are directed through the Information, Assessment and Referral Unit (DCMHMR) at 214.948.9950.

Christian Heights Adult Care Center  
4708 Wadsworth Drive, Dallas, TX  75216

Phone:  214.371.4285  
Fax:  972.492.5402  
Email:  lovinadcare@yahoo.com  
Ages Served:  18 and up

Services:  
• Provides day care services for adults with physical and cognitive disabilities.
Christian Works for Children
(formerly Christian Services)
6320 LBJ Frwy, Ste 122, Dallas, TX 75240

Phone: 972.960.9981
Fax: 972.960.0062
Website: www.christian-works.org
Ages Served: 5-18 (Grief Works); All ages-Counseling Works, Adoption Works
Area Served: Dallas and surrounding counties

Services:
• Individual, family and marital counseling.
• Grief support groups for children and adolescents.
• Adoption and maternity services.

City of Dallas Services

Air Pollution - 214.948.4435
Enforces government regulations for air pollution; Monitors air quality throughout Dallas.

Adult Health Services - 214.670.0521
Nurse-managed health screening clinics provide health assessments, screening for various health problems, socio-economic needs assessments, crisis intervention, home visits and referrals for Dallas residents age 18 and over with special emphasis on senior citizens.

Child Care Services - 214.670.8258
Seeks to remove financial and geographic barriers to quality child care.

Child Health Services (see below)
Provides physical exams; screening for anemia, lead and TB; developmental and nutritional assessments; anticipatory guidance and immunizations to children from birth to 10 years. Sliding fee scale. Medicaid accepted.

Housing Authority - 3939 North Hampton Rd., Dallas, TX 75212, 214.951.8300

Clinic Locations:
John West Health Center - 3312 N. Buckner, suite 205, 214.243.1527

Services:
• Provides quality affordable housing to low-income families and individuals.

Oak Cliff Health Center - 300 N. Ewing 214.670.7482

North Dallas Health Center - 8001 LBJ Freeway, suite 200, 214.670.6555

West Dallas Health Center - 2828 Fishtrap 214.670.7152

Child Lead Poisoning Prevention - 214.670.7663
Provides blood lead testing for children, birth to 14 years of age; community outreach and education, environmental investigation and case management.

Crisis Intervention - 214.671.0685
Addresses the problems of elderly abuse, psychiatric services and volunteer advocacy. The program provides in home psycho-social assessment, case management, community based counseling services and volunteer peer advocacy.

Food Protection and Education - 214.670.8083
Inspects and monitors retail food.

Homeless Services - 214.670.4881
Provides crisis intervention health care, job readiness, placement, substance abuse counseling, casework services, day shelter, other social work response to special program areas throughout the city.

Martin Luther King, Jr. Family Clinic - 214.426.3645
Provides a variety of health, education and human services through the City of Dallas EHS and other community agencies.

Senior Affairs - 214.243.2049
Advocacy office for older adult concerns of Dallas Citizens.

Vector Control - 214.948.4429
Monitors for mosquito borne diseases and conducts mosquito control activities.

Vital Statistics - 214.670.3248
Records all births and deaths in Dallas. Certified copies of birth and death certificates can be obtained by qualified individuals for a nominal fee.

West Dallas Multipurpose Center - 214.670.6353
Provides a variety of health, education and human services through the City of Dallas EHS and other community agencies.

Youth Services - 214.243.1586
Develops, implements and advocates programs and services which promote youth development.

Woman, Infant & Children (WIC) Program - 214.670.7200
Provides supplemental food and nutrition education for pregnant, breastfeeding and postpartum women and infants and children up to the age of five. Provides nutrition counseling and classes, breastfeeding instructions and support and breast pumps. There are many WIC clinics throughout Dallas County.
Communities in Schools Dallas Region, Inc. (CISDR)
8700 N. Stemmons Frwy., Suite 125
Dallas, TX 75247

Location: Central (main office)
Phone: 214.827.0955
Fax: 214.827.2198
Website: www.cisdallas.org
Hours: 8 a.m. to 4:30 p.m.
Ages Served: PreK-12th grade
Languages: English and Spanish
Area Served: Dallas, Collin and Ellis Counties

Services:
• On-campus, stay-in school program for at-risk students in grades pre K-12.
• Provides crisis prevention and intervention, early gang intervention and prevention
• Personal and family support counseling
• Academic enhancement, pre-employment skills training, job placements
• Agency referrals and follow-up assistant
• CISDR currently serves 50 schools in the Dallas, Carrollton, Farmers Branch, Irving, McKinney, Midlothian, Richardson and Plano IDS, with mobile services specialists providing additional support to these districts.

Community Council of Greater Dallas
1349 Empire Central #400, Dallas, TX 75247

Location: Central
Phone: 214.871.5065
Fax: 214.871.7442
Email: admin@ccgd.org
Website: www.ccdg.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: All Ages
Languages: Spanish
Area Served: Dallas County

Services:
• 211 Texas InfoLine (211) provides free information and referral to human service providers in Dallas and seven other counties, 24 hours a day, 7 days a week.
• Offers free help to families in filling out forms and applying for CHIP/Children’s Medicaid, TANF and SNAP/Food Stamps- call 214.954.4213.
• Publishes the Nonprofit Salary and Benefits Survey, Sourcebook and other resource publications.
• Operates the Dallas Community Youth Development (CYD) program in zip codes 75216 and 75217. It is designed to alleviate family and community conditions that lead to juvenile crime.

Community Dental Care
1420 W. Mockingbird, Ste. 500
Dallas, TX 75247

Phone: 214.630.7080
Fax: 214.630.7085
Website: www.communitydentalcare.org
Hours: 8 a.m. to 4:30 p.m., M-F
Languages: English and Spanish
Ages Served: 0-18
Area Served: Clinic sites in Dallas and Collin County who meet low-income eligibility requirements.

Community Options
8604 Greenville Ave. Ste. 100
Dallas, TX 75243

Phone: 972.503.3901
Fax: 972.503.3898
Website: www.comop.org/texasdallas.html

Services:
• Offers home and community based services (HCS) which includes foster care and companion services, supported home living and 24-hour residential services to individuals diagnosed with developmental disabilities.
• Primary contracted services include occupational therapy, physical therapy, supported employment, day habilitation and nursing.

CONTACT Crisis Line
P.O. Box 800742, Dallas, TX 75380

Phone: 972.233.0866 Admin
972.233.2233 Adult 24-hour hotline
972.233.TEEN
972.233.2428 Spanish
Fax: 972.233.2427
Website: www.contactcrisisline.org
Email: thutter@contactcrisisline.org
Hours: 24-hour (crisis line);
9 a.m. to 5:30 p.m., M-F (Admin)
Ages Served: Adolescents and adults
Area Served: Dallas County
Services:
• Confidential telephone crisis prevention and intervention, information and referral, emergency aid and community education.
• Emergency aid includes emergency transportation and prescription assistance.
• Community education, speakers on suicide and crisis prevention and intervention.
• Teen outreach and education programs available.

Counseling Institute of Texas
705 W. Avenue B, Suite 200
Garland, TX 75040

Phone: 972.494.0160
Fax: 972.494.0431
Email: office.cit@verizon.net
Hours: 9 a.m. to 9 p.m., M-Th
9 a.m. to 4 p.m., F-S
Ages Served: Children, adolescents and adults
Languages: English and Spanish
Area Served: Garland and surrounding areas and Dallas Metroplex

Services:
• Individual, marital, family and group therapy
• School truancy/drop out prevention
• Sexual abuse and sex offender treatment
• Diagnostic evaluation and referrals
• Speakers

Dallas Association for Parent Education
775 S. Central Expressway, Suite 1-T
Richardson, TX 75080

Phone: 972.699.0420
972.699.7742
Fax: 972.699.0438
Email: dallasparents@hotmail.com
Website: www.dallasparents.org
Hours: 9 a.m. to 3 p.m., M-F
Class times vary
Ages Served: Parents and caregivers of children 0-12
Area Served: Dallas Metroplex

Services:
• Parenting, childbirth, CPR, first aid, baby care and breastfeeding classes
• Parent education workshops
• Support groups on postpartum depression
• Parent group speakers
• Phone line for non medical, non-crisis concerns

Dallas Bar Association
2101 Ross Ave., Dallas, TX 75201

Phone: 214.220.7400
Fax: 214.220.7465
Website: www.dallasbar.org
Hours: 8:30 a.m. to 4:30 p.m., M-F
Services:
• Provides referrals to lawyers for a $20 fee.
Legal Line: 214.220.7476
Hours: 5:15 to 8 p.m., 2nd and 3rd Wednesdays of the month

Services:
• Answers simple legal questions by phone and provides referrals to other legal resources.

Dallas Bethlehem Center, Inc.
4410 Leland Ave., Dallas, TX 75215

Location: Southeast
Phone: 214.428.5171
Fax: 214.428.5180
Website: www.dallasbethlehemcenter.org
Hours: 7 a.m. to 6:30 p.m., M-F
Ages Served: 6 weeks – 12 years
Area Served: South Dallas including 75210 and 75215

Services:
• Day care for children 6 weeks to 5 years of age
• After school care for children 5 to 12 years of age
• Emergency food voucher program for women with children and the elderly
• Computer lab
• Full day summer program for children 5 to 12 years of age
• Pre kindergarten program
• Annual health fair, Thanksgiving dinner and Christmas outreach program

Dallas CASA
2815 Gaston Ave., Dallas, TX 75226

Location: Central
Phone: 214.827.8691
Fax: 214.827.8973
Email: info@dallasCasa.org
Website: www.dallascasa.org
Hours: 9 a.m. to 5 p.m., M-F
Ages Served: 0 to 18
Languages: English and Spanish
Area Served: Dallas County
Services:
• Recruits, trains and supervises volunteers to serve as court appointed advocates for the best interests of abused, abandoned and neglected children in protective care.

Dallas Center for the Developmentally Disabled
8550 Cadenza Lane, Dallas, TX 75228

Phone: 214.328.4309
Fax: 214.328.7486
Email: dallascenter@dallascenterfordd.org
Website: www.dallascenterfordd.org

Services:
• Services for babies, toddlers and adults with developmental disabilities including comprehensive early childhood interventions, adult day activities, prevocational programs, extended care hours and hot lunch.

Dallas Challenge, Inc.
201 S. Tyler, Dallas, TX 75208

Location: Southwest
Phone: 214.942.5166
Fax: 214.942.6066
Website: www.dallaschallenge.org
Ages Served: 8 to 22
Languages: English and Spanish
Area Served: Dallas County

Services:
• Chemical assessment and referrals
• Anger Management
• Truancy (missing school) prevention program – provides case management, educational support and skills development to help students at risk of gang involvement and other high risk behaviors.
• Gang prevention program – provides youth with alcohol and drug education, tutoring and other services to reduce the risk of gang involvement.

Dallas Children’s Advocacy Center
3611 Swiss Ave., Dallas, TX 75204

Location: Central
Phone: 214.818.2600
Fax: 214.823.4819
Website: www.dcac.org
Hours: 8:30 a.m. to 5 p.m., M-F
9 a.m. to 3 p.m., Sat.
Languages: English and Spanish
Area Served: Dallas County

Services:
• Serves child victims of sexual and physical abuse through coordinated, multi-disciplinary team of police, prosecutors, CPS, therapists and medical personnel.
• Education and training on prevention and intervention.
• Clients must be referred by CPS, police departments, District Attorney’s Office or Children’s Medical Center.

Dallas Concilio of Hispanic Service Organizations
400 S. Zang Blvd. Suite 300
Dallas, TX 75208

Phone: 214.818.0481
Fax: 214.818.0485
Email: concilio@dallasconcilio.org
Website: www.dallasconcilio.org
Hours: 8 a.m. to 5 p.m.
Ages Served: All
Languages: English and Spanish
Area Served: Dallas and surrounding Counties

Services:
• Diabetes education, prescription drug card enrollment, parent involvement

Dallas Healthy Start
4917 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest
Phone: 214.590.1670
Fax: 214.590.1672
Hours: 8 a.m. to 5 p.m.
Ages Served: Women of child bearing ages, specifically target pregnant women
Website: http://parklandhospital.com/medical_services/women_infants/healthy_start.html
Languages: English and Spanish
Area Served: 75210, 75215, 75212, 75216 and 75231

Services:
• Community based program that provides health education, outreach and case management services and coordinates a continuum of care for maternal and child health providers/ agencies.
• Case management services are provided to high risk women and infants through 2 years of age.
Dallas Independent School District
3700 Ross Ave., Dallas, TX 75204

Location: Central (main office)
Phone: 972.925.3700
Fax: 972.925.3701
Website: www.dallasisd.org
Hours: 7:30 a.m. to 4:30 p.m., M-F
Area Served: Dallas ISD

Programs:
- Abstinence/Sexuality Education - 214.932.5132
- Before & After School Programs - 972.794.3650
- Child Abuse Reporting - 888.572.2873
- Child Find - Identifies, locates and evaluates children ages 0-21 with special needs - 972.581.4765 (English); 972.581.4764 (Spanish)
- Counseling Services - 972.925.3505
- Dallas Council of PTAs - 972.925.3169
- Even Start - Educational program for families with children ages 0-7; adult education, early childhood enrichment and parent education, 972.925.6779
- HIPPY (Home Instruction Program for Preschool Youngsters), 972.925.6792
- Homeless Children and Youth Services - Information and referral and after-school programming, 972.794.4513
- Law Enforcement Teaching Students (LETS) Life skills instruction by Dallas Police Officers for 4th & 6th grade - 214.671.4239
- Pregnancy, Education and Parenting - Child care and transportation referral and assistance to pregnant and parenting teen students - 972.925.3386
- Psychological and Social Services, 972.979.7940
- Special Education Parent Hotline, 972.581.4100
- Student Support and Special Services - Health, mental health, social services and diagnostic and assessment services - 972.925.5500
- Safe & Drug Free Schools/Intervention & Prevention Programs - Social and life skills and character education, drug testing, bullying, peer mediation. 972.925.8040
- Youth and Family Centers - 972.581.4770

Dallas Life Foundation
1100 Cadiz, Dallas, TX 75215

Location: Southeast
Phone: 214.421.1380
Fax: 214.426.5114
Website: www.dallaslife.org
Hours: 8 a.m. to 4 p.m., M-F
Check In Time - 3 p.m. to 6 p.m.
Ages Served: All Ages

Services:
- Emergency shelter for homeless that provides meals, counseling, vocational classes, senior educational programs, arts, crafts and recreational opportunities.

Dallas Metrocare Services
Child and Adolescent Mental Health

Phone: 1.877.283.2121
Website: www.metrocareservices.org
Ages Served: 0-17

Services:
- Offers a full array of outpatient services.
- Intensive outpatient services include home-based birth to six programming and a therapeutic preschool partial day nursery for children 3 to 6.
- Also offers Therapeutic Foster Homes for children and adolescents.

Program Locations:

Eastside Family Center
4701 Samuel Blvd, Dallas, TX 75228
Location: Northeast
Phone: 214.381.7070
Hours: Day and evening appointments
Ages Served: 6-17

Grand Prairie Family Clinic
405 Stadium, Grand Prairie, TX 75052
Phone: 972.504.6079
Fax: 972.264.8450

Metrocare – Garland Hub
221 S. 9th Street, Garland, TX 75040
Phone: 972.494.8894
Fax: 972.485.9334

Westside Family Clinics
1353 N. Westmoreland, Bldg. B, Dallas, TX 75211
Phone: 214.331.0107 (Clinic)
214.333.7015 (Other Services)
1. Westside Family Clinic
Services:
• Outpatient services include: Evaluation, diagnosis and assessment. Clinical psychiatric services, individual family and group therapy. Rehabilitation and parent training.

2. Family Preservation
Contact: Unaka Jones
Services:
• Serves children and adolescents who are at imminent risk for out-of-home treatment due to symptomology. Serves as a step down from hospital care. Provides in-home complete wrap services.

3. Treatment Foster Care Program
Contact: Marvin Williams
Ages Served: 0-17
Services:
• Serves as an alternative to hospitalization, or a step down from hospitalization, back to the community.

4. Therapeutic Preschool Day Program
Contact: Lori Pollard
Ages Served: 3-5
Services:
• Serves children experiencing significant behavioral problems at home, in day care or kindergarten.

Dallas Park & Recreation Dept. Youth Services
5620 Parkdale, Dallas, TX 75227
Location: Various across the City
Phone: 214.670.8039
Fax: 214.670.0388
Website: www.dallasparks.org
Hours: 3 to 6 p.m.
Ages Served: 6 to 12
Languages: English and some Spanish
Area Served: City of Dallas
Services:
• Partners with DISD for after-school enrichment programs in select schools for ages 6-12 free of charge. Check with your school or call 214.670.8039.
• 45 recreation centers operated by the City of Dallas that offer after-school programs. Prices and program offerings vary from center to center.
• All programs offered by Dallas Park and Recreation Department are enrichment programs and are not licensed child care.

Dallas Police Department
Youth and Family Crimes Division
1400 S. Lamar St., Dallas, TX 75215
Location: Central
Phone: 214.671.4268
Area Served: City of Dallas
Services:
• Serves youth and victims of family violence. Child abuse squad.
• Youth Services Program (diversion program for youth 10-16).
• Missing persons/runaway information.

Dallas Pregnancy Resource Center
12959 Jupiter Rd. Ste 260, Dallas, TX 75238
Location: Northeast
Phone: 214.343.9263
Fax: 214.343.1119
Website: www.dallasprc.com
Hours: 9:30 a.m. to 8 p.m., M,Th
9:30 a.m. to 5:30 p.m., T,W
Ages Served: All
Area Served: Northeast Dallas, Garland, Mesquite, Central and East Dallas
Services:
• Pregnancy testing, medical consultation, maternity and baby clothes, diapers and formula.
• Prenatal, parenting, budgeting and nutrition classes.

Second Location:
6500 Greenville Ave, Ste 405, Dallas 75206
Phone: 214.369.6281
Fax: 214.369.6233
Hours: 9:30 a.m. to 5:30 p.m., M and W
9 a.m. to 1 p.m. first and third Saturdays

Third Location:
3901 Holystone St. Dallas, TX 75212
Phone: 214.905.9068
Hours: 9:30 a.m. to 5:30 p.m., M and W
9 a.m. to 1 p.m. first and third Saturdays

Dallas Services
4242 Office Parkway, Dallas, TX 75204
Location: Central
Phone: 214.828.9900
Fax: 214.828.9901
Website: www.DallasServices.org
Dispute Mediation Service, Inc.
4144 N. Central Expressway Ste. 1010
Dallas, TX  75204

Location:  Central
Phone:  214.754.0022
Fax:  214.754.0378
Email:  lagilbert@dms-adr.org
Website:  www.dms-adr.org
Hours:  8:30 a.m. to 5:30 p.m., M-F; other by appt.
Ages Served:  Adults and Youth
Services:
•  Trained mediators assist in resolving disputes, including divorce, family, neighborhood, consumer, landlord/tenant, employee/employer, accident, insurance, business and probate.
•  Training, consultation and information and referrals.

Downtown Pregnancy Center
525 N. Ervay St., Dallas, TX  75201

Location:  Central
Phone:  214.969.2433
Fax:  214.969.7869
Website:  www.downtownpc.org
Hours:  9 a.m. to 6 p.m., M, Th
10 a.m. to 8 p.m., T, W
Ages served:  All ages
Languages:  English and Spanish
Area Served:  East, South, West Dallas and Irving
Services:
•  Pregnancy testing, counseling, referrals, pre-natal and parenting courses and CPR classes.

East Dallas Cooperative Parish
1314 N. Munger Blvd., Dallas, TX  75201

Location:  Northeast
Phone:  214.823.2015
Email:  edcp@swbell.net
Hours:  9 a.m. to 4:30 p.m., M-F (Admin)
Ages Served:  All ages
Area Served:  East Dallas
Services:
•  Cooperative of 13 churches providing emergency services, clothing rack and food pantry.
•  Senior center, latch key program, English language ministry preschool, youth activities and job bank.
•  Medical and legal clinics; services to persons with HIV/AIDS.
Estates of Grand Prairie
1005 SW 3rd St., Grand Prairie, TX 75051

Phone: 972.237.1905  
Fax: 972.237.5964  
Email: estategp@aol.com  
Ages served: 18+

Services:
• Structured day program offering personalized care services, rehab services, social services, activities, nursing, therapy, exercise, outings and nutrition services.
• Cost: Medicaid, Medicare, private pay (varies), Texas Dept. of Human Services contractor.
• Criteria: Must have primary medical diagnosis and doctors orders.

Exodus Ministry
4630 Munger Ave. #110, Dallas, TX 75204

Location: Central  
Phone: 214.827.3772  
Fax: 214.821.8903  
Website: www.exodusministriesdallas.org  
Hours: 9 a.m. to 6 p.m., M-F  
Languages: English and Spanish

Services:
• Reunites female ex-offenders with their children under age 12, food, clothing and shelter.
• Families receive budgeting skills, parenting education, counseling and job search classes.
• Transitional housing, 9-12 month program.

Family Care Connection (Parents As Teachers)
6969 Pastor Bailey Dr. #140,  
Dallas, TX 75237

Phone: 972.298.3366  
Fax: 972.920.8494  
Website: www.familycareconnection.org  
Hours: 9 a.m. to 5 p.m.  
Appt hours are flexible  
Ages Served: 0- Seniors with emphasis on teen/young adult parents and grandparents raising grandchildren  
Languages: English and Spanish  
Area Served: Dallas

Services:
• Parent education, case management, marriage and family enrichment and life skills.

Family Gateway
711 S. St. Paul St., Dallas, TX 75201

Location: Central  
Phone: 214.741.6515  
Fax: 214.761.5658  
Email: info@familygateway.org  
Hours: 8 a.m. to 5 p.m., M-F  
Housing 24 hours  
Ages Served: Families with children; adults 18 and older  
Area Served: Dallas County

Services:
• Short and long term transitional housing for homeless families with children.
• Case management, including counseling, referrals, parenting, budgeting and nutrition training.
• Children’s programs, pre-employment skills training and follow-up.

Family Outreach Center- Dallas
9100 Diceman, Dallas, TX 75218

Location: Whiterock Lake area  
Phone: 214.321.6292  
Fax: 214.321.6426  
Email: info@dallasfamilyoutreach.org  
Website: www.dallasfamilyoutreach.org  
Hours: 9 a.m. to 5 p.m., M-F; evening and weekend programs  
Languages: English and Spanish  
Area Served: Northeast Dallas County, including Mesquite

Services:
• In-home visitation including PAT® for children up to age 5, emphasis on teen parents and at-risk families; parent education series and child safety programs.
• Community education

Family Outreach Center- Irving
600 W. Pioneer Pkwy, Irving, TX 75061

Phone: 972.721.6590  
Fax: 972.721.6564  
Hours: 9 a.m. to 4 p.m., M-F  
evening and weekend programs  
Ages Served: Families with children 0-12  
Languages: English  
Area Served: City of Irving
Family Outreach Center- Richardson/Plano
2205 Los Rios, Plano, TX  75074

Phone:  972.633.6713 
Fax:  972.516.5766 
Hours:  9 a.m. to 4 p.m., M-F 
evening and weekend programs 
Ages Served:  Families with children 0-18 
Languages:  English 
Area Served:  Richardson, Far North Dallas, 
Collin County 

Services:  
•  In-home casework/parent mentoring, information and referral, parenting classes and community awareness through partnership between CPS and community volunteers.

Family Place, The
P.O Box 7999, Dallas, TX  75209

Phone:  214.559.2170 (Admin) 
214.941.1991 (Hotline) 
214.443.7701 (Outreach) 
Fax:  214.443.7797 
Website:  www.familyplace.org 
Hours:  Shelter/Hotline (24 hr.) 
Outreach 9 a.m. to 5 p.m., 
Evenings by appointment; 
Admin 9 a.m. to 5 p.m. 
Ages Served:  All ages 
Languages:  Spanish 
Area Served:  Dallas County (not limited to Dallas County) 

Services:  
•  In-home casework/parent mentoring, information and referral, parenting classes and community awareness. Run by community volunteers.

Friday NITE Friends
6601 Custer Rd., Plano, TX  75025

Phone:  972.618.3450 ext: 247 
Fax:  972.618.3778 
Email:  fridaynitesfriends@crumc.org 
Website:  www.fridaynitesfriends.org 

Services:  
•  A center-based respite program for children who are medically fragile or chronically ill and their siblings. Open every Friday evening. 
•  The Medical component is staffed by licensed Home Health nurses and screened, trained volunteers. The sibling component meets concurrently (in another room) and is staffed by screened, trained volunteers.

Found Options Pregnancy Center
(formerly Living Choice Crisis Pregnancy Center) 
650 Big Stone Gap, Duncanville, TX  75137

Phone:  972.298.1900 
Fax:  972.298.7155 
Hours:  Mon. 10 a.m. to 4 p.m., 6 to 9p.m. 
Tues. 1 to 4 p.m. 
Wed. 10 a.m. to 1 p.m., 7 to 9 p.m. 
Thurs. 6 to 9 p.m. 
Fri. 10 a.m. to 1 p.m. 
1st and 3rd Sat, 10 a.m. to 1 p.m. 
Ages Served  12-50 
Languages:  English and Spanish 

Services:  
•  Free pregnancy testing, counseling, parenting and birthing classes. 
•  Adoption through our agency chosen Heritage Christian Adoption Services. 
•  Residential living through our maternity homes.

Galaxy Counseling Center
1025 S. Jupiter Rd., Garland TX  75042

Phone:  972.272.4429 
Fax:  972.494.2812 
Email:  ccampos@galaxycounseling.org 
Website:  www.galaxycounseling.org 
Hours:  9 a.m. to 9 p.m., M-Th 
9 a.m. to 5 p.m., F 
9 a.m. to 3 p.m., Sat 
Ages Served:  All ages 
Languages:  English and Spanish 
Area Served:  Greater Dallas, Garland, Mesquite, Richardson, Plano
Services:
• Individual, group, family, marital and group therapy
• Anger management groups, truancy intervention and prevention groups. Sexual abuse groups.
• Sliding scale services.

Genesis Women’s Shelter
Drawer G, Dallas, TX 75208

Phone: 214.942.2998 (shelter, 24 hr)
214.389-7700 (outreach)
Fax: 214.943.9269
Email: shammond@genesisshelter.org
Website: www.genesisshelter.org
Hours: Outreach 9 a.m. to 9 p.m., M-Th
9 a.m. to 5 p.m. - F
24-hour hotline
Ages Served: All ages
Languages: English and Spanish
Area Served: DFW (only)

Services:
• Hotline, emergency shelter, transitional housing, counseling and support and advocacy for battered women and their children.
• Information and referral, aftercare program, Hispanic education and outreach, speakers bureau, sexual assault program, parenting groups.
• Resale/thrift shop.

Girls Inc.
2040 Empire Central Dr., Dallas, TX 75235

Location: All areas
Phone: 214.654.4530
Fax: 214.350.8115
Hours: 3 to 7 p.m., afterschool;
7:30 a.m. to 6 p.m., summer M-F
Ages Served: 6-18, girls
Area Served: 4 campuses in Oak Cliff, South Dallas, West Dallas and Love Field
Email: info@girlsincdallas.org
Website: www.girlsincdallas.org

Services:
• Career and life planning, healthy sexuality, leadership and community service, self reliance and life skills, educational enrichment, sports, adventure, culture and heritage.
• Tutoring, teen pregnancy prevention, substance abuse prevention.

Grand Prairie Housing and Community Development Housing Assistance
205 West Church St.,
Grand Prairie, TX 75050

Phone: 972.237.8176
Fax: 972.237.8340

Grand Prairie Food & Clothing Co-Op
118 NE 4th St., Grand Prairie, TX 75050

Phone: 972.264.8540
Fax: 972.264.6920
Hours: 9 to 11:30 a.m., M-F

Services:
• Food and Clothing

Greater Dallas Council on Alcohol and Drug Abuse
4525 Lemmon, Ste.300, Dallas, TX 75219

Location: Central
Phone: 214.522.8600
Fax: 214.521.7253
Website: www.GDCADA.org
Hours: 8 a.m. to 5 p.m., M-F
Ages Served: All ages
Languages: English and Spanish
Area Served: Dallas, Denton, Collin Counties and HHS Region 3 Counties

Services:
• Educational materials, videos, library, speakers bureau, helpline, screening, professional training, HIV and chemical dependency services.

Green Oaks Hospital
7808 Clodus Fields Dr., Dallas, TX 75251

Phone: 972.991.9504
1.800.866.6554
Email: john.dornheim@hcahealthcare.com
Website: www.greenoakspsych.com
Hannah’s House

*Faith Temple Baptist Church*

525-B North Sowers Rd., Irving, TX  75061

**Phone:** 972.313.2100  
**Fax:** 972.313.2131  
**Email:** info@hannahshouse.org  
**Website:** www.hannahshouse.org  
**Hours:** 10 a.m. to 5 p.m., Tu-F  
**Visitation:** 10:30 a.m. to 5:30 p.m., Sat  
1 to 5:30 p.m., Sun

**Services:**

- Supervised visits and exchanges, filial and play therapy, divorce recovery programs for parents, seminars, professional training and referrals.

**Additional office at:**

5333 Independence Pkwy., Plano, TX  75023  
**Phone:** 972.238.8888  
**Fax:** 972.702.0760

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Head Start of Greater Dallas, Inc.

3954 Gannon Lane, Dallas, TX  75237

**Location:** Southwest (Main Office) Early Child Development Centers located throughout Dallas County  
**Phone:** 972.283.6400  
**Fax:** 972.296.6114  
**Email:** cjackson@hsgd.org  
**Website:** www.hsgd.org  
**Hours:** 8 a.m. to 5 p.m.  
**Ages Served:** 0-5  
**Languages:** Multilingual  
**Area Served:** Dallas County

**Services:**

- Full-day full year Early Child Development Program for income eligible children at 34 centers and one home-based program for families.  
- Educational, medical, dental, special needs, nutritional and mental wellness services are provided to enrolled families.

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Home and Community Based Service

1353 N. Westmoreland, Bldg. A,  
**Dallas TX**  75211

**Phone:**  214.333.7015  
**Fax:** 214.333.4107

**Services:**

- HCS is a Medicaid Waiver program designed to build support based on the needs of individuals with disabilities. Services may be provided in the natural home or within an alternate living residence.  
- Habilitation and support services include: respite care; occupational, speech and physical therapy; psychology services and nursing services.  
- To qualify for this program, individuals must have a diagnosis of mental retardation. Referrals are made through Service Coordination at 214.333.7000.

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Highland Park United Methodist Church

*See Night OWLS*

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Home Instruction for Parents of Pre-School Youngsters (HIPPY)

2904 Floyd Ste., B-3, Dallas, TX  75204  
**Dallas, TX**  75224

**Location:** Southwest  
**Phone:** 214.442.1660  
**Fax:** 214.442.1644  
**Email:** hippy@unt.edu  
**Hours:** 7:30 a.m. to 4:30 p.m.  
**Ages Served:** 3-5  
**Languages:** English, Spanish, Cambodian and Vietnamese  
**Area Served:** (see below for locations)

**Services:**

- Home-based program through which home instructor goes over lessons with the parent in the home and the parent teaches the lesson to his/her child.  
- Free books, materials and supplies provided.
Locations:
Dallas ISD: 2909 S. Buckner Blvd., Room 607, Dallas, TX 75228
Adriana Trevino, adtrevino@dallasisd.org, 972.925.6786
Grand Prairie ISD: 525 NE 15th St
Grand Prairie, TX 75050
Miriam Rios, Miriam.rios@gpisd.org, 972.343.6165
Richardson ISD:
Dobie Elementary, 14040 Rolling Hills Ln, Richardson, TX 75240
Maria Loera, Maria.Loera@richardson.k12.tx.us, 469.593.4015/ ext.4016

Homeward Bound, Inc,
233 W. Tenth St., Dallas, TX 75208

Location: Southwest
Phone: 214.941.3500
Fax: 214.941.3517
Website: www.homewardboundinc.org
Hours: 24-hour
8:30 to 3:30 a.m., Admitting
Ages Served: 18 and older
Languages: English and Spanish
Area Served: Dallas and 18 surrounding counties

Services:
- Offers chemical dependency treatment and counseling, including detoxification, intensive residential treatment, outpatient counseling, women's specialty programs and educational programs. Programs are multicultural.

Locations:
Trinity Recovery Center - 233 W. Tenth St., 214.941.3500
Seidler Community House: 1513 N. Fitzhugh St., 214.821.0860

Hope Cottage Pregnancy and Adoption Center
4209 McKinney Ave., Dallas, TX 75205

Location: Northwest
Phone: 214.526.8721 24-hour
1.800.944.4460
Fax: 214.528.7168
Email: info@hopecottage.org
Website: www.hopecottage.org
Hours: 8:30 a.m. to 5 p.m., M-Th
8:30 a.m. to 12:30 p.m., F
T, Th evenings by appt.

Services:
- Services to pregnant women and their families, adoptive parents and adoptees including counseling, support groups, mentoring, basic needs assistance and domestic and international adoption services.
- Post adoption counseling and support services.
- Community education about adoption for medical professionals and teens.
- Resale shop on site and open to the public.

Immaculate Conception Church
400 NE 17th St., Grand Prairie, TX 75050

Phone: 972.262.5137
Fax: 972.264.7657
Email: www.icgrandprairie.org
Hours: 9:30 to 11 a.m. on the 1st and 3rd Saturday of each month
Ages Served: All ages
Languages: English and Spanish
Area Served: Grand Prairie

Services:
- Food and utilities. You must bring proof of Grand Prairie residency- water, light and ID card.

Injury Prevention Center Of Greater Dallas
5000 Harry Hines Blvd., Ste 101
Dallas, TX 75235

Location: Northwest
Phone: 214.590.4455
Fax: 214.590.4469
Website: www.injurypreventioncenter.org
Hours: 8 a.m. to 5 p.m., M-F
Languages: English and Spanish
Area Served: Dallas County

Services:
- Utilizes data to identify populations at risk for injuries and engages local coalitions to implement and evaluate prevention programs.
- Facilitates and/or supports the following violence related community coalitions: Child Abuse Prevention Coalition (CAPCO), Family Violence Prevention Council and the Domestic Violence Awareness Coalition (DVAC).
- Provides resources and education on child passenger safety.
Interfaith Housing Coalition
P.O Box 750206, Dallas, TX 75372-0206

Location: Northeast
Phone: 214.827.7220
Fax: 214.451.3198
Website: www.ihcdallas.org
Email: ihcd@ihcdallas.org
Hours: 9 a.m. to 5 p.m., M-F
Ages Served: All ages
Languages: English

Services:
• Transitional housing, programs and services for homeless families with children.
• Case management, employment readiness training, job search and employment program, budget and financial literacy program, parenting and skills for living classes, counseling and pastoral care, home ownership program and stay self sufficient program.
• After school and summer children’s enrichment program, after school and summer teen leadership program and play therapy for children.
• Food, clothing and transportation assistance provided for Interfaith residents only.

Irving Bible Church
2435 Kinwest Pkwy., Irving, TX 75063

Phone: 972.560.4600
Fax: 972.560.4646
Ages Served: Children through fifth grade

Services:
• Provides respite services one Saturday evening a month for children with special needs and their siblings for all ages.
• Pairs children with special needs with a “Son Shine Pal” during Sunday services to meet the needs of the child and allow the parent to go to church.

Irving Cares, Inc.
440 S. Nursery Rd., Ste 101
Irving, TX 75060

Phone: 972.721.9181
Fax: 972.438.7345
Email: awilkins@irvingcares.org
Website: www.irvingcares.org
Hours: 9 a.m. to 3:30 p.m., M-F
Ages Served: English and Spanish
Area Served: City of Irving

Irving Family Advocacy Center
600 W. Pioneer, Irving, TX 75061

Phone: 972.721.6521
Fax: 972.721.6523
Email: sduncan@ci.irving.tx.us
Languages: English and Spanish
Area Served: Irving residents

Services:
• Individual, family and group counseling; parent education, first/subsequent offender program, domestic violence counseling and play therapy.

Jewish Family Services
5402 Arapaho Rd., Dallas TX 75248

Location: Northwest
Phone: 972.437.9950 (24 hr)
Fax: 972.437.1988
Email: info@JFSdallas.org
Website: www.JFSdallas.org
Hours: 8:30 a.m. to 8 p.m., M-W; 8:30 a.m. to 5 p.m., Th, F

Services:
• A wide variety of services to help older adults remain independent.
• Adoption services, career and employment assistance, emergency assistance and refugee assistance.
• Individual, child, family and marital counseling. Various support groups.

Jonathan’s Place
P.O Box 140085, Dallas, TX 75214

Location: Northeast
Phone: 972.303.5303
Fax: 972.303.5346
Email: lmathews@kidnet.org
Website: www.kidnet.org
Hours: 9 a.m. to 5 p.m. (Admin); Home 24 hrs.
Ages Served: 0-17
Languages: English and Spanish
Services:
• Emergency shelter for abused, abandoned, neglected and drug affected children with focus on drug exposed infants.

Joni and Friends
6510 Abrams Rd., Ste. 125, Dallas, TX 75231

Phone: 214.739.2523
Fax: 214.739.3034
Email: dallas@joniandfriends.org
Website: www.joniandfriends.org

Services:
• Offers Christian summer retreats for families that have special needs and supports churches in meeting the needs of individuals with special needs.

Juliette Fowler Homes- Child, Youth and Family Services
1234 Abrams Rd., Dallas, TX 75214

Location: Northeast
Phone: 214.827.0813
Fax: 214.827.7021
Email: jfh.youth@fowlerhomes.net
Website: www.fowlerhomes.net
Hours: 9 a.m. to 6 p.m., M-F; some evenings and Saturdays
Languages: English and Spanish
Area Served: Texas

Services:
• Outpatient assessment and psychotherapy for children, youth, families and adults. Individual, group and family therapy.
• Residential services for girls with emotional, social and behavioral problems.
• Specializing in services to youth and families experiencing parent-child conflict, abandonment/neglect/blended families and eating disorders.

Kid Net Foundation
See Jonathan’s Place

La Voz Del Anciano
3316 Sylvan Ave., Dallas, TX 75212

Phone: 214.741.5700/5701
Fax: 214.741.5702
Email: lavoz@sbcglobal.net (Director)
Lavoz2@sbcglobal.net (Benefit Couns.)

Lancaster Housing Office
1425 N. Dallas Ave, Suite 101-P.O. Box 940, Lancaster, TX 75146

Phone: 972.275.1750
Fax: 972.218.9519
Email: Rona Stringfellow-Govan rstringfellow@lancaster-tx.com
Website: www.lancaster-tx.com

Services:
• Housing

Launching a Dream
2607 Hillburn Dr., Bldg. E, Dallas, TX 75227

Phone: 214.388.0837
Fax: 214.388.0839
Website: www.gotdreamscampaign.org

Services:
• Provides youth, family and community services to at-risk youth and families.
• After-school and summer programs for youth, GED, Basic Education, ESL and Computer Literacy classes for ages 18 and up.
• Provides assistance with food, clothing and other items through the Community Resource Center located in Southeast Dallas.

Legal Aid of Northwest Texas
1515 Main St., Dallas, TX 75201

Location: Central
Phone: 214.748.1234
888.529.5277 Hotline
Fax: 214.748.1159
Website: www.lanwt.org
Hours: 8 a.m. to 5 p.m., M-F
Ages Served: All ages
Languages: All languages
Area Served: 114 counties in North and West Texas, including the DFW
Services:
• Free legal assistance for low-income residents.
• Priority areas include housing, family law, consumer issues, civil rights, community economic development, education, public benefits and employment.
• Women’s Legal Advocacy Center. No criminal matters.

Intake Clinic Locations:
Martin Luther King, Jr. Center, 2922 Martin Luther King Blvd, 1st, 2nd & 4th Tuesday of every month, 6 p.m.
Philip's Community Center, 1600 Pennsylvania, 3rd Tuesday of every month, 6pm
Veterans Affairs Medical Center, 4500 S. Lancaster Rd., 1st Friday of every month, 2 - 4 p.m.
Grace United Methodist Church, 4105 Junius, 1st and 3rd Thursday of every month, 6 p.m.
Marillac Social Services Center, 2843 Lapsley, 2nd and 4th Thursday of every month, 6 p.m.
Salvation Army, 451 Avenue D, 3rd Thursday of each month, 6 p.m. (Garland residents only)

Legal Hospice of Texas
Formerly Dallas Legal Hospice
3626 N. Hall, Ste. 820, Dallas, TX 75219

Phone: 214.521.6622
Fax: 214.521.3310
Email: info@legalhospice.org
Website: www.legalhospice.org

Services:
• Provides free legal assistance to residents of Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Rockwall and Tarrant counties.
• Clients are eligible if: 1) cannot afford an attorney; 2) are HIV positive or have AIDS or a terminal illness; and 3) have legal problems relating to or impacted by their health. Every client must meet all three criteria to qualify for legal services.

Legal Hotline for Texans
Austin

Phone: 1.800.622.2520

Letot Center
10505 Denton Dr., Dallas, TX 75220

Location:  Northwest
Phone: 214.357.0391
Fax: 214.956.2044
Ages: 10-16

Services:
• Residential and non-residential outpatient counseling services to status offenders.
• Family Life Skills groups.
• Referrals from the Juvenile Department, law enforcement agencies, and school Youth Action Centers.

Lifenet Community Behavioral Healthcare
9708 Skillman St., Dallas, TX 75243

Location: Northeast
Phone: 214.221.5433
Fax: 214.932.1977
Website: www.lifenettexas.org
Hours: 9 a.m. to 5 p.m., M-F, evening hours by appointment
Ages Served: 4+
Languages: English and Spanish
Area Served: Dallas County

Services:
• Psychiatric evaluation, medication management, counseling and skills training.
• In-home and office based services.

Living Choice Crisis Pregnancy Center
650 Big Stone Gap, Duncanville, TX 75137

Phone: 972.298.1900
Fax: 972.298.7155
Email: cpcduncanville@yahoo.com
Hours: Mon 10 a.m. to 4 p.m., 6 to 9 p.m.
Wed 10 a.m. to 1 p.m., 7 to 9 p.m.
Thurs 6 to 9 p.m.
Fri 10 a.m. to 1 p.m.
Ages Served: 12-50
Languages: English and Spanish
Area Served: Dallas and Tarrant Counties

Services:
• Free pregnancy testing, counseling, parenting and birthing classes.
• Adoption through Heritage Christian Adoption Services.
• Residential living through our maternity homes.
Lone Sight and Tissue Foundation
P.O Box 191121, Dallas, TX 75219

Phone: 972.276.1250
Fax: 972.216.8477
Hours: 9 a.m. to 5 p.m., M-F
Languages: English
Area Served: Dallas, Collin, Rockwall, Ellis

Services:
• Provides eyeglasses. Must have a prescription form from a social worker.

Los Barrios Unidos Community Clinic
809 Singleton Blvd., Dallas, TX 75212

Location: Northwest
Phone: 214.651.8739 medical appts.
214.651.8693 dental appts.
Fax: 214.379.2281 adult
214.237.9103 pedi
Website: www.losbarriosunidos.com
Hours: 7 a.m. to 5 p.m., M-Thu
7 a.m. to 4 p.m., F
Languages: English and Spanish
Area Served: Dallas County, primarily West Dallas

Services:
• Comprehensive outpatient health care including immunizations, family planning, well-baby, mental health, children’s dental and prenatal care.

Low Birth Weight Development Center
345 Calumet, Dallas, TX 75211

Location: Southwest
Phone: 214.467.2800
Fax: 214.467.7007
Hours: 9 a.m. to 4 p.m., M-F
Ages Served: 0-3, adults
Languages: English and Spanish
Area Served: Metroplex

Services:
• Infant and toddler development program for at-risk, low birth weight, children up to age 3.
• GED, ESL, computer classes and parenting support for indigent parents.

Lutheran Social Services of the South, Inc.
3001 LBJ Frwy, Ste 107, Dallas, TX 75234

Location: Northwest
Phone: 972.620.0581
Fax: 972.620.0603
Website: www.lsss.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: 0-18
Area Served: Dallas, Ellis, Navarro, Collin, Johnson, Hunt, Cooke and Fannin Counties

Services:
• Post adoption services for children adopted through TDFPS.

Maggie’s House
1302 Redwood Circle, Dallas, TX 75218

Phone: 214.324.9261
Fax: 214.324.5299
Email: themagdalenhouse@sbcglobal.net
Website: www.magdalenhouse.org
Hours: 7:30 a.m. to 9 p.m. for admission
Languages: English
Area Served: All

Services:
• Free 14-day non-medical detox for alcoholic women only. Call first for phone screening to qualify.

Martin Luther King Jr. Family Clinic
2922 B. Martin Luther King Jr. Blvd.
Dallas, TX 75215

Location: Southeast
Phone: 214.426.3645
Fax: 214.428.0075
Hours: 8 a.m. to 7 p.m., M, T
10 a.m. to 7 p.m., W
9:30 a.m. to 7 p.m., Th
8 a.m. to 5 p.m., F
Ages Served: All Ages
Languages: English and Spanish
Area Served: Texas

Services:
• Pediatric care, adolescent and adult medical care, obstetrical care and voluntary family planning.
• Laboratory and pharmacy.
• Health education and nutrition counseling.
• Dental Services
• “MAC” Mobile
Maya Angelou High School
912 S. Ervay, Dallas, TX 75201

Location: Central
Phone: 972.749.2263
Fax: 972.749.2264
Email: chumphrey@dallasisd.org
Hours: 9 a.m. to 4 p.m.
Ages Served: 10-18
Area Served: Dallas ISD

Services:
- Alternative school designed to meet the needs of pregnant and parenting DISD students in grades five through twelve.
- Academic and elective courses are available.

Mental Health America
624 N. Good-Latimer, Ste 200
Dallas, TX 75204

Location: Central
Phone: 214.871.2420
Fax: 214.954.0611
Email: tvaughn@mhadallas.org
Website: www.mhadallas.org
Hours: 8:30 a.m. to 5 p.m., M-F
Ages Served: All Ages
Languages: English and Spanish

Services:
- Leads, coordinates and involves the community in improving mental health by advocating for improved care and treatment.
- Conducts education and prevention programs and raising public awareness about mental health and mental illness.

Mental Retardation Respite Program
1353 N. Westmoreland Cottage #4
Dallas, TX 75211

Phone: 214.333.7000
Fax: 214.333.7073

Services:
- Support service that provides payment to respite providers selected, monitored and supervised by the caregiver of an individual with mental retardation, pervasive development disorder, autism or developmental delays.
- A respite application must be completed and approved prior to service delivery. Proof of diagnosis and income is required.
- Programs are on a first-come, first-served basis.

Mesquite Adult Day Care
229 Barnes Bridge, Mesquite, TX 75150

Phone: 972.226.2131
Fax: 972.226.9054
Email: mesqadultdaycare@tx.twcbs.com
Ages Served: 18 or older with medical/functional disability

Services:
- Day program for adults (ages 18 and up) with disabilities or debilitating conditions. Requires medical diagnosis.
- Cost: Medicaid, Title XX and private pay $4.50/hr, a minimum of 6 hours.
- Transportation: Provided to certain zip codes throughout the area.

Mesquite Social Services
1035 Military Pkwy., Mesquite, TX 75149

Phone: 972.285.3000
Fax: 972.216.1470
Website: www.mesquitesocialservices.org
Hours: 8 a.m. to 4:30 p.m., M-F
Extended hours by appointment

Services:
- Information and referral
- Limited emergency financial and utility assistance
- Emergency food pantry

Methodist Children’s Home
13140 Coit Rd., Ste. 400, Dallas, TX 75240

Location: Northwest
Phone: 972.480.8772
Website: www.methodistchildrenshome.org
Hours: 8 a.m. to 5 p.m., M-F
Ages Served: 0-17
Area Served: 75 mile radius

Services:
- Foster Care and Support Services for at risk families including help with referrals, child care, utilities, placement issues.

Metro Dallas Homeless Alliance- The Bridge
1818 Corsicana, Dallas, TX 75201

Phone: 214.670.1100
Email: info@MDHADallas.org
Website: www.mdhatx.org
Services:
• Drop-in shelter for people experiencing long-term homelessness.
• Emergency care provisions such as behavioral health care, laundry, meals, primary health care, recreational activities and storage.
• Transitional care: case management, housing assistance, legal services, mail services, mental health care, job seeker assistance, community service supervision, kennel, social security benefits assistance and veterans assistance.

Metrocrest Family Medical Clinic
One Medical Pkwy., Plaza I, Ste. 140
Farmers Branch, TX  75234

Phone:  972.484.8444
Fax:  972.484.0051
Hours:  Various day and evenings by appointment only
Ages Served:  2-65
Languages:  English and Spanish
Area Served:  All

Services:
• Day, evening and specialty clinics for Gynecology, Diabetes, Podiatry and Dermatology.
• No immunizations and no sports physicals.
• Fees: donation to clinic.

Metrocrest Social Services
1111 West Beltline Rd., Ste. 100
Carrollton, TX  75006

Phone:  972.446.2100
Fax:  972.446.2102
Email:  mss@metrocrestsocialservices.org
Website:  www.metrocrestsocialservices.org
Hours:  8 a.m. to 5 p.m., M, T, Th, F
8 a.m. to 7 p.m., W
9 a.m. to 1 p.m., Sat
Ages Served:  All
Languages:  English and Spanish
Area Served:  Primarily Coppell, Carrollton, Farmers Branch, Addison

Services:
• Employment program, emergency financial assistance for rent, utilities and food.
• Limited medical assistance for families that qualify.

Mosaic
2245 Midway Rd., #300
Carrollton, TX  75006

Phone:  972.266.9989
Fax:  972.991.0834
Website:  www.mosaicinfo.org
Hours:  8 a.m. to 4 p.m., M-F
Languages:  English
Area Served:  Dallas County

Services:
• Provides functional, age-appropriate community training to adults and children with developmental disabilities.
• Programs include: community homes, supervised apartments, vocational workshops, foster care/companion care and family support for children and adults living at home.

Mosaic Family Services, Inc.
(Formerly East Dallas Counseling Center)
4144 N. Central Exp, Ste 530
Dallas, TX  75204

Location:  Central
Phone:  214.821.5393
Fax:  214.821.0810
Email:  home@mosaicservices.org
Website:  www.mosaicservices.org
Hours:  8:45 a.m. to 5:15 p.m., M-F
Ages Served:  All ages
Languages:  Multilingual (translation hotline)
Area Served:  Dallas, Tarrant, Denton, Collin and surrounding counties

Services:
• Domestic violence services, including shelter, case management, counseling and legal services for refugees and immigrant victims.
• Services for victims of trafficking.
• Youth substance abuse prevention.
• HIV/AIDS outreach, counseling and case management.

National Domestic Violence Hotline
P.O. Box 161810, Austin, TX  78716

Phone:  1.800.799.SAFE (7233)
1.800.787.3224 (TTY)
Email:  ndvh@ndvh.org
Website:  www.ndvh.org
Hours:  24-hours a day
Languages:  Multilingual
Area Served:  United States
Services:
- 24 hour hotline provides crisis intervention, information and referral regarding domestic violence, child abuse, sexual assault, batters intervention and related issues.

National Dissemination Center for Children with Disabilities (NICHCY)
1825 Connecticut Ave NW, Ste. 700
Washington, DC 20009
Phone: 800.695.0285 Voice & TDD
Fax: 202.884.8441
Email: nichcy@aed.org
Website: www.nichcy.org
Languages: English and Spanish
Services:
- Information on disability topics, education rights of children with disabilities and listings of national disability organizations and conferences.
- Publications available on wide range of disability-related topics.
- Parent Training and Information Center (PTI) provides information and training on educational rights of children with disabilities and provides information on support groups and other state and local resources.

Neighborhood Youth & Family Counseling of Richardson, Inc.
312 E. Tyler St., Richardson, TX 75083
Phone: 972.744.4858
Fax: 972.744.5988
Email: help@nyfcr.org
Website: www.nyfcr.org
Hours: 9 a.m. to 5 p.m., M-F
Counseling by appointment: day, evening and Saturdays
Ages Served: All
Languages: English and Spanish
Area Served: Richardson, RISD area, Garland, Plano, North Dallas County
Services:
- Services to victims of crime and families in crisis
- Individual counseling, family counseling, group counseling.
- Truancy Intervention program, First Offender program.
- Alcohol and Tobacco Awareness classes.

Network of Community Ministries
741 S. Sherman, Richardson, TX 75081
Phone: 972.234.8880
Fax: 972.234.8892
Email: info@thenetwork.org
Website: www.thenetwork.org
Hours: 9 a.m. to 6 p.m., M, T
9 a.m. to 3 p.m., F
By appointment
Ages Served: All
Area Served: Richardson ISD
Food only for 75040, 75041, 75043 and 75046
Services:
- Food, clothing, bus tickets, limited financial assistance for rent and utilities, gasoline and prescriptions.
- Night and summer school tuition child care.
- The Adolescent and Children’s Clinic.
- The Seniors’ Net (for 60+): minor home maintenance services, transportation to medical appointments, bookkeeping assistance and senior seminars.
- Big Meals for Little Kids- provides shelf stable lunch bags to children during the summer while they are not being fed at school.
- B.E.N- web based program to screen potential clients for food stamps & other Health and Human Benefits.
- Counseling, school supplies, nutritional education, ESL classes, clothes closet, health classes and budget and money management classes.

New Beginning Center
218 N. 10th St., Garland, TX 75040
Phone: 972.276.0423 (Admin)
972.276.0057 (Hotline)
Fax: 972.276.1344
Email: victim@newbeginningcenter.org
Website: www.newbeginningcenter.org
Hours: 8 a.m. to 6 p.m., M-Th
9 a.m. to 5 p.m., F
Shelter 24 hours
Languages: English and Spanish
Area Served: Northeast Dallas County
(Richardson, Garland, Mesquite, Balch Springs, Rowlett, Rockwall and Sasche)
Services:
- Hotline, emergency shelter, counseling, support and advocacy for battered women and their children.
- Community education, speakers bureau and volunteer program.
- Resale/thrift shop.

New Connections Infant Intervention Program
2330 Butler St., Ste. 119, Dallas, TX  75235

Phone:   214.645.0919  
Fax:      214.951.8161  
Email:   emily.west@utsouthwestern.edu  
Hours:   8 a.m. to 5 p.m., M-F  
Ages Served:  Parents/primary caregivers and their children, ages 0-18 months  
Languages:  English  
Area Served: Dallas County

Services:
- Intervention for substance-exposed children, parent education and recovery support for substance-involved parents and families, who experience multiple risk factors for developmental problems related to alcohol, tobacco or drug exposure.  
- Recovery sensitive parent education, health education and recovery support groups.  
- Program services are free.

Night OWLS (Out With Loving Sitters)
Highland Park United Methodist Church
3300 Mockingbird Ln., Dallas, TX  75205

Location:     Northwest  
Phone:  214.523.2284  
Email: nightowls@hpumc.org  
Website: www.hpumc.org/page$/09_night owls  
Ages Served:  3 months - 13 years

Services:
- Provides respite care for children with disabilities and their siblings once a month.  
- Trained volunteers provide individualized care for each child and participate in pre-planned events according to each child's interests.  
- Nurses are present to assist with any medical needs.  
- Offered without cost to the family.

North Dallas Shared Ministries
2875 Merrell, Dallas, TX  75229

Location:     Northwest  
Phone:  972.620.8696  
Fax:      972.620.0433  
Email:  admin@ndsm.org  
Website: www.ndsm.org  

Emergency Aid Center:  9:30 a.m. to 3 p.m. M-F  
Sat. 9 to 11:30 a.m.  
1st and 3rd Mon 6 to 7:30 p.m.

Clothes Closet:  Mon-Fri 9:30 a.m. to 2 p.m.  
Sat 9 a.m. to 11:30 a.m.  
972.620.8696 x 228

Medical Clinic:  Adult: Mon 5 p.m.  
Adult and Child: Tues & Thur  
10:30 a.m. to 1 p.m.  
972.620.8696 x 226  

Dental: 1st & 3rd Fri 7:30 a.m.  
Women's: 1st & 3rd Wed 5 p.m.

ESL: Tuesday & Thurs 6:30 p.m. to 8 p.m.  
Friday

Foodbasket: Fri 8 a.m. to 1 p.m.  
Languages:  English and Spanish  
Area Served:  75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75244, 75247, 75248, 75252, 75257, 75001, 75204, 75251 and 75254
Services:
• Emergency Aid Center- food and financial assistance for rent, utilities, glasses, prescriptions, ID’s and drivers license, bus tokens and gas vouchers, school supplies.
• Employment assistance, ESL classes, Friday Foodbaskets for the elderly (60+), referrals to community resources, clothes closet and thrift store.
• Free medical adult and children/immunizations, treatment of minor illness, well clinic baby/child checkups, dermatology, womens breast and pelvic screening.
• Dental clinic- adult extractions and gum disease.
• Eye exams and glasses.

Oak Cliff Churches for Emergency Aid
6000 S. Hampton Rd., Dallas, TX  75232

Phone:  214.943.7757  
Fax:  214.943.4022
Hours:  9:30 a.m. to 12:30 p.m., M-F
Area Served:  75203, 75211, 75212, 75216, 75224, 75232, 75233, 75236, 75237, 75241 and 75249

Our Children’s House at Baylor
3337 Stovall, Irving, TX  75061

Phone:  877.820.9061  
Fax:  877.820.9077
Website:  www.baylorhealth.com/och
Languages:  English and Spanish
Area Served:  Various

Services:
• Food- come with ID and Proof of Residence
• Limited financial assistance with agency referral

Our Friends’ Place
2501 Oak Lawn Ave., Ste. 500
Dallas, TX  75219

Location:  Central
Phone:  214.520.6268
Fax:  214.526.6219
Email:  info@ourfriendsplace.org
Website:  www.ourfriendsplace.org
Hours:  8:30 a.m. to 4:30 p.m., M-F
Ages Served:  10-17 (Group Home); 18-24 (Transitional Living); females
Area Served:  North Texas

Services:
• Therapeutic Foster Group Homes and Transitional Living Center. Most clients have past abuse or neglect.
• Individual, group and family therapy, therapeutic recreational activities, educational support and life skills.

Parenting Center, The
2928 W. 5th St., Fort Worth, TX  76107

Additional Locations:
1903 Central Dr., Suite 303, Bedford, TX  76021
Phone:  817.358.6886
Fax:  817.332.6489

100 East Broad St., Mansfield, TX  76063
Phone:  817.477.1010
Fax:  817.453.9661
Phone: 817.332.6348
Fax: 817.332.6489
Website: www.theparentingcenter.org
Hours: 8:30 a.m. to 8 p.m., M-Th
      8:30 a.m. to 5 p.m., F
Ages Served: All Ages
Languages: English and Spanish
Area Served: Tarrant, Dallas and surrounding Areas

Services:
• Counseling services, play therapy, parenting education classes, case management, co-parenting classes and divorce recovery services.
• Twogether in Texas- skills based marriage education to couples who are seriously dating, engaged to marry, or married. Engaged couples completing receive certificate for $60 off cost of marriage license and waiver of 72 hour waiting period.

Parents-In-Partnership ECI/Garland ISD
2625 Anita Dr., Garland, TX 75041

Phone: 972.926.2671
Fax: 972.926.2679
Email: parentsinpartnership@garlandisd.net
Hours: 8 a.m. to 4:30 p.m., M-F
Ages Served: 0-3
Areas Served: Garland ISD

Services:
• Program for children birth to 3 years of age with developmental delays and their families.
• Home based intervention; parent support and family counseling services are provided.

Parkland Health & Hospital System
Community Oriented Primary Care (COPC)
5000 Harry Hines Blvd., Dallas, TX 75235

Phone: 214.590.0100
Hours: 8 a.m. to 5 p.m., M-F
24 hour Answering Service
Languages: Multilingual, large print materials

Services:
• Network of health centers that provides primary health care for all ages.
• Services include: treatment of acute and chronic problems, health maintenance exams, geriatric assessments; psychosocial services, nutritional counseling, health education and referrals for specialty care, laboratory, pharmacy, and radiology.
• Fees are based on ability to pay. Call clinic for more info.

COPC Clinics:
Ambulatory Care Clinic (ACC)
5201 Harry Hines Blvd.
Dallas, TX 75235
214.590.5512

Amelia Court Geriatrics
1936 Amelia Ct., Dallas TX 75235
214.590.8369

Bluitt-Flowers Health Center
303 E. Overton Rd., Dallas, TX 75216
214.266.4329 Adult

East Dallas Health Center
3320 Live Oak, Dallas, TX 75204
214.266.1080 Pedi/ 214.266.1020 Adult
deharo-Saldivar Health Center
1400 N. Westmoreland, Dallas, TX 75211
214.266.0500

Garland Health Center
802 Hopkins, Garland, TX 75040
214.266.0700

Irving Health Center
1800 N. Britain Rd., Irving, TX 75061
214.266.3000

Oak West Health Center
4201 Brookspring, Dallas, TX 75224
214.266.1450

Pediatric Primary Care (PPC)
6303 Harry Hines Blvd., Dallas, TX 75235
214.266.0100

Southeast Dallas Health Center
9202 Elam Rd., Dallas, TX 75217
214.266.1791

Vickery Health Center,
8224 Park Lane, Suite 130, Dallas, TX 75231
214.266.0350

Parkland Health & Hospital System
Perinatal/Intervention Program
5201 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest
Phone: 214.590.6832
Email: m2cart@parknet.pmh.org
Hours: 8 a.m. to 5 p.m., M-F
Ages Served: Primarily Adult Women
Languages: English and Spanish
Area Served: Dallas County
Services:
• Serves program substance abusers.
• Obstetrical care, alcohol and drug assessment, referral, case management and other social services.
• Support groups to enhance recovery process.
Parkland Health & Hospital System  
Victim Intervention Program/  
Rape Crisis Center  
4811 Harry Hines Blvd., Dallas, TX  75235

Location:  Northwest  
Phone:  214.590.2926  
214.590.0460- Hotline  
Fax:  214.590.2705  
Hours:  8 a.m. to 8 p.m., M-Th  
8 a.m. to 4:30 p.m., Fri, Sat  
Ages Served:  4 years and older  
Website:  www.parklandhospital.com/medical_services/vip_rape_crisis/index.html  
Languages:  English and Spanish  
Area Served:  Dallas County  

Services:  
• Bilingual Spanish/English crisis intervention, support and resource referrals for victims of sexual assault and/or family violence admitted to the Parkland Emergency Department 24 hours a day/7 days a week.  
• Services victims of abuse or violence and also children who have lived with domestic violence. Services include: Bilingual counseling (English and Spanish), case management, evaluation and treatment for children (4 years and older), teens and adults. Public and professional education on domestic violence and sexual assault. Services are free for people who live in Dallas County.

Pastoral Counseling and Education Center  
4525 Lemmon, Ste. 200, Dallas, TX  75219

Location:  Central (main office; locations throughout Dallas County)  
Phone:  214.526.4525  
Fax:  214.520.6468  
Hours:  9 a.m. to 7 p.m., M-Th  
9 a.m. to 4 p.m., F  
Ages Served:  3 and older  
Area Served:  18 satellite locations in Allen, Carrollton, Oaklawn, Duncanville, East Dallas, Garland, Irving, Lake Highlands, Richardson, Mesquite, North Dallas, and South Dallas

Services:  
• Individual, marital, joint, family and group counseling.  
• Classes, workshops and seminars. Continuing education.

People That Care  
2129 Galveston, Grand Prairie, TX  75051

Phone:  972.262.8318  
Hours:  9 a.m. to 2:30 p.m.  
Tues-Thur  

Services:  
• Food and used clothing.

PHASE (Padres Hispanos Ayudando a Sobresalir a los Ninos Especiales)  
Hispanic Parents Assisting Special Children to Succeed Student Services  
720 Stadium Dr., Garland, TX  75040

Phone:  972.494.8538  
Email:  zdaniel@garlandisd.net  
Area Served:  Garland ISD  

Services:  
• Garland ISD-based support group for parents, family members and friends of children with developmental disabilities in Garland schools.  
• Group meets every other month on the third Thursday from 7 p.m. to 9 p.m. at Walnut Springs Academy  
• Information is provided in Spanish. Childcare is provided (must RSVP for childcare services).

Physicians for Children  
3701 W. Northwest Hwy., Ste 112  
Dallas, TX 75220

Phone:  214.654.0007  
Hours:  8 a.m. to 5 p.m., M-F  
8 a.m. to Noon, Saturday  
24 hour Answering Service  
Languages:  Multilingual  

Services:  
• Network of health centers that provide primary health care for children.  
• Services include: pediatric primary care for newborns, infants and children of all ages.  
• Accept most forms of insurance, including Medicaid and CHIP. Call for more information.

Physicians For Children Locations:  
Furneaux Creek, 3044 Old Denton Rd., Suite 138, Carrollton, TX 75007, 972.245.0007  
Bachman Lake, 3701 W. Northwest Highway, Suite 112, Dallas, TX 75220, 214.654.0007  
Plano, 7800 Preston Rd., Suite 300, Plano, TX 75024, 972.608.3800  
McKinney, 1720 N. Central Expressway, Suite 150, McKinney, TX 75070, 972.542.2800
PLANES (Padres Latinos Ayudando a Ninos Especiales)
Latino Parents Assisting Special Children
Phone: 214.828.0137
Email: nenatinytwo@hotmail.com
Hours: Meetings 10 a.m. to 12 p.m.
Bachman Recreation Center
214.670.6266
Second Saturday of the month

Services:
• Offers support and education for Spanish speaking families who have children with disabilities and interested professionals who work with them.
• Focuses on education-related issues and the rights of students with disabilities; offers a wide range of information via monthly meetings, guest speakers and special events related to Spanish speaking culture.

Planned Parenthood of North Texas
7424 Greenville, Ste. 206, Dallas, TX 75231
Phone: 214.363.2004 (Admin)
1.800.545.3751 (24-hour)
Fax: 214.696.2091
Website: www.ppnt.org
Hours: Varies by clinic
Languages: English and Spanish
Area Served: North Texas

Services:
• Family planning, well woman gynecological, vasectomy, options counseling, pregnancy testing and community education.
• Peer education through TeenAge Communications Theatre.

Presbyterian Children’s Homes & Services- Dallas
3204 Skillman St., Dallas, TX 75206
9800 Preston Rd., Dallas, TX 75230
Phone: 214.826.9551 (Skillman)
214.750.0776 (Preston)
Fax: 214.826.4067 (Skillman)
214.750.0733 (Preston)
Email: dallas@pshas.org
Website: www.pshas.org
Hours: Flexible: client based
Ages Served: Families with children
Languages: English, Spanish interpreter
Area Served: Dallas County

Services:
• Crisis intervention/assessment; collaborative case management.
• Assistance: access community resources, emergency food, clothing and care items.
• Individual and family social work services, parenting skills/life/vocational skills.

Presbyterian Children’s Homes & Services- Fort Worth
2700 McPherson Ave., Ft. Worth, TX 76109
Phone: 817.926.HOPE (4673)
Fax: 817.926.1155
Email: fortworth@pchas.org
Website: www.pshas.org
Hours: Flexible: client based
Ages Served: Families with children
Languages: English, Spanish interpreter
Area Served: Tarrant and Parker County
Services:
• Family preservation focused services: Crisis intervention/assessment; collaborative case management.
• Assistance: access community resources, emergency food, clothing and care items
• Individual and family social work services, Parenting skills/life/vocational skills

Prestonwood Pregnancy Center
15757 Coit Rd., Ste. 308, Dallas, TX  75248

Location:  Northwest
Phone:  972.386.4015
Fax:  972.387.8940
Website:  www.prestonwoodpregnancy.org
Hours:  Call for appointment
Ages Served:  11 and older
Languages:  English and Spanish
Area Served:  Dallas and Collin County

Services:
• Pregnancy testing, guidance and information, referrals, discount program available for baby items, clothing and sonograms.
• Classes include newborn parenting, prenatal, childbirth, post-abortion (men and women), single mom's support group, budgeting, exploring options, birth mom's, sexual and physical abuse.
• Variety of classes offered throughout the year about developing healthy boundaries in relationships, including various family situations and spiritual growth classes.

Project Kids- Early Childhood Intervention
911 N. Morocco Ave., Dallas, TX  75211

Phone:  972.794.4569
Fax:  972.794.4573
Email:  Dscroggi@dallasisd.org
Hours:  8 a.m. to 4:30 p.m., M-F
Ages Served:  Birth to 3 years old
Services:
• Supports and serves children with developmental delays.

Promise House
224 West Page Ave., Dallas, TX  75208

Location:  Southwest
Phone:  214.941.8578
Fax:  214.941.8670
Email:  clinical@promisehouse.org
Website:  www.promisehouse.org

Hours:  8 a.m. to 8:30 p.m., M-Sun
24-hour response
Ages Served:  0-21
Area Served:  Dallas County

Services:
• Prevention/intervention, drug and alcohol counseling and TLP Street Outreach
• Parenting, teen parenting, family counseling and group counseling
• STAR, DISD School (in house), internships and training

Rainbow Days, Inc.
8150 N. Central Expressway, Ste. 1600
Dallas, TX  75206

Location:  Northwest
Phone:  214.887.0726
Fax:  214.887.0729
Email:  info@rdikids.org
Website:  www.rdikids.org
Hours:  8:30 a.m. to 5 p.m., M-F
Ages Served:  4-17 and families
Area Served:  Dallas, Rockwall, Collin and Denton Counties

Services:
• Curriculum-based support groups for at-risk children and youth, ages 4-17 and their families offered in school, community, shelter and treatment center settings.
• Positive alternative activities for children and youth.

Rapha Christian Counseling
3021 Gateway Dr., Ste 290, Irving, TX  75063

Phone:  972.257.0449
1.877.257.0449 (toll-free)
Fax:  972.258.0449
Email:  info@rapha.info
Website:  www.rapha.info
Hours:  9 a.m. to 9 p.m., M-Th
9 a.m. to 5 p.m., F
9 a.m. to 3 p.m., Sat
Ages Served:  All ages
Area Served:  DeSoto, Duncanville, Irving, Mesquite, Weatherford, Midlothian

Services:
• Individual, family, and marriage counseling. Anger management classes.
Reconciliation Outreach
4311 Bryan St., Dallas, TX 75204

Location: Central
Phone: 214.821.9192
Fax: 214.545.6525
Email: changinglives@rodallas.org
Website: www.rodallas.org
Hours: 9 a.m. to 5 p.m., M-F
Languages: English and Spanish
Area Served: Dallas

Services:
• Housing for single men and women who have life controlling problems such as addiction, homelessness, criminal history and/or abuse.
• Employment opportunities and job training.
• Prison Aftercare Program.
• Daycare, after school programs, summer programs and camping for inner city teens and children.

SMU Legal Services
3315 Daniel Ave., Dallas, TX 75275

Phone: 214.768.2562
Area Served: Dallas County Residents

Services:
• Assists low-income Dallas County residents with legal issues, consumer fraud, tax issues and landlord/tenant disputes. No family law.

Salesmanship Club Youth and Family Centers
106 E. 10th St., Dallas TX 75203
9705 Harry Hines Blvd., Dallas, TX 75220

Locations: Southwest & Northwest
Phone: 214.915.4700
Fax: 214.946.7140
Email: info@salesmanshipclub.org
Website: www.salesmanshipclub.org
Hours: Varies by program
Ages Served: Families with children (0-20)
Languages: English and Spanish
Area Served: Greater Dallas area

Services:
• Provides a wide spectrum of mental health services for children experiencing emotional and behavioral problems and their families.
• Includes family therapy, therapeutic after school program for adolescents ages 10-14, family life education, and an intensive assessment program for younger children ages 3-5.

Salvation Army- Carr P. Collins Social Service Center
5302 Harry Hines Blvd., Dallas, TX 75235

Location: Northwest
Phone: 214.424.7000
Fax: 214.424.7123
Website: www.salvationarmydallas.org
Hours: Varies by program

Services:
• Emergency family assistance program. Emergency lodging.
• Substance abuse services for individuals who are on probation or parole referred, involuntary placement.

Salvation Army- Family Violence Program
P.O Box 35928 T.H., Dallas, TX 75235

Location: Northwest
Phone: 214.424.7112
214.424.7208 24-hour hotline
Fax: 214.424.7123
Website: www.salvationarmydallas.org
Hours: 24-hour
Ages Served: Adults 18 and older and children 10 and younger

Services:
• Shelter for single women and women with children. On-site child care available to residents.

Scenario Adult Restorative Nursing & Day Care Services
3120 W. Northwest Hwy., Dallas, TX 75220

Phone: 214.351.1212
Fax: 214.350.8760
Hours: 6:30 a.m. to 6:30 p.m., M-F
Email: scenariocip@msn.com

Services:
• Comprehensive day programming and care for adults with all types of disabilities.

Seay Behavioral Health Care
6110 W. Parker Rd., Plano, TX 75093

Phone: 972.981.8301
Fax: 972.981.8129
Hours: 24 hours/7 days a week
Ages Served: 12-17 years old, Adults
Languages: English and Spanish  
Area Served: North Texas

Services:
- Inpatient crisis stabilization for adolescents 12-17 years old and adults.
- Mental health and chemical dependence treatment in inpatient, partial hospital and intensive outpatient programs.

Special Care & Career Services
4350 Sigma, Suite 100, Dallas, TX  75244

Phone: 972.991.6777  
Fax: 972.991.6361  
Website: www.specialcarecareer.org  
Email: info@specialcarecareer.org  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: 0-3 years old; adults over 18  
Languages: English and Spanish

Services:
- Provides therapy and case management services to children with developmental delays or disabilities and their families.
- Helps adults with cognitive disabilities to obtain competitive employment in the community.
Provides assessments, job development, on-the-job training, and continued job support. Sponsors Job Clubs throughout the year.

State Bar of Texas
Lawyer Referral Information Service
P.O. Box 12487, Austin, TX  78711

Phone: 800.252.9690 or 877.9TEXBAR  
Fax: 512.427.4115  
Email: dgee@texasbar.com  
Website: www.texasbar.com/lris  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: All  
Languages: English and Spanish  
Area Served: Statewide

Services:
- Certified referral service of the State Bar of Texas.

Staying Connected
2330 Butler St., Suite 119, Dallas, TX  75235

Phone: 214.645.0935  
Fax: 214.951.8161  
Email: marily.sanchez@utsouthwestern.edu  
Hours: 8 a.m. to 5 p.m., M-F  
Ages Served: Adult and teen parents

Languages: English  
Area Served: Dallas County

Services:
- A child abuse and neglect prevention program of home-based education and intervention services for families with histories of child abuse and neglect allegations, substance abuse, mental health issues, and other socioeconomic risk factors.
- Individual and family assessment, in-home parent education, case management and other support services.
- Program services are free.

Stewpot, The
408 Park Ave., Dallas, TX  75201

Location: Central  
Phone: 214.746.2785 x 243  
214.746.2799 (Dental Clinic)  
Fax: 214.746.2791  
Website: www.thestewpot.org  
Hours: 8 a.m. to 4 p.m. M-F  
Ages Served: All  
Languages: English and Spanish  
Area Served: Dallas- Primarily Downtown

Services:
- A homeless day-shelter for individuals and families with casework services.
- Dental, medical, and drug and alcohol counseling  
- Transitional Employment Program, Art Program, Representative Payee Program, Dallas Community Voice Mail, Mail Services, Identification Assistance  
- A year round child and youth enrichment program for City Park young people that includes college scholarship opportunities.

Suicide and Crisis Center
2808 Swiss Ave., Dallas, TX  75204

Location: Central  
Phone: 214.824.7023 Admin  
214.828.1000 24-hour Crisis Line  
Fax: 214.828.1627  
Email: margiew@sccenter.org  
Website: www.sccenter.org  
Hours: 9 a.m. to 5 p.m., M-F  
Ages Served: All Ages

Services:
- 24-hour telephone crisis counseling for individuals in crisis, especially suicidal crisis.
- Community education; support groups for those who have lost a loved one to suicide; screen teenagers at schools for depression
Teen/Life Challenge of Dallas, Inc.
1106 Graham, Dallas, TX  75223

Location: Northeast
Phone:  214.824.6181
Hours:  8 a.m. to 5:30 p.m., M-F
Email:  Teenchallengedallas@msn.com
Website:  www.teenlifechallenge.com
Ages Served: Men ages 17 and up
Languages: English
Services:
• Crisis counseling and referral. Speakers bureau.
• Alcohol and drug abuse rehabilitation. Residential center, 18 month long program minimum.

Texas Health and Human Services Commission - Region 3

Phone:  211 or 1.877.541.7905
Website:  www.hhsc.state.tx.us
to locate the office that serves your zip code: www.yourtexasbenefits.com

Services:
• Certifies eligibility for food stamps, Temporary Assistance to Needy Families (TANF), Medicaid Programs and additional assistance.

Locations:
5455 Blair Rd, 75231, 214.750.4619
1010 Cadiz, Ste 110, 75215, 214.421.7722
1467 Acton Ave, Duncanville, TX, 75137, 972.709.8075
1228-A East Ledbetter Dr., Dallas, TX 75216, 214.372.4671
801 West Freeway, Suite 300, Grand Prairie, TX 75051, 972.795.6500
440 South Nursery Rd., Suite 200, Irving TX 75060, 972.579.3080
6500 Northwest Dr., Suite 300, Mesquite, TX 75150, 972.691.9778
2020 North Masters, Dallas ,TX 75217, 972.216.0087
302 West Ninth, Dallas ,TX 75208, 214.942.2323
3910 Gaston Ave, Dallas, TX  75246, 214.827.5210
10939-B Shady Trail, Dallas, TX 75220, 214.351.6231
3306 West Walnut Street, Suite 200, Garland, TX 75042, 972.272.0889
1111 West Ledbetter Drive, Suite 400, Dallas, TX 75224, 214.372.6370

Texas Parents as Teachers
5952 Royal Lane, Ste. 261, Dallas, TX  75230

Phone:  214.363.8661
Fax:  214.363.8664
Email:  txpat@txpat.org
Website:  www.txpat.org
Ages Served: Prenatal- 5 yrs.
Services:
• Home-school-community partnership to foster optimal development of young children, increase parenting skills and identify disabilities and delays early.
• Parent educators provide personal visits, group meetings and periodic screenings.

Texas Runaway Hotline
Mail Code Y-987, P.O Box 149030
Austin, TX  78714-9030

Phone:  1.888.580.HELP (4357)
24-hour translation available
Fax:  512.339.5895
Email:  larry.imhoff@dfps.state.tx.us
Website:  www.texasrunaway.org
Ages:  Youth and their family members
Service Area: Texas
Services:
• Crisis intervention and referrals for runaways and family members.
• Confidential message relay service and conference calling between runaways and their family.

Texas Scottish Rite Hospital for Children
2222 Welborn St., Dallas, TX  75219-9982

Phone:  214.559.5000
1.800.421.1121
Fax:  214.559.7402
Email:  tsrh@tsrh.org
Website:  www.tsrhc.org

Services:
• Provides inpatient and outpatient orthopedic and related neurological services for children up to 18 years old. Services are open to Texas children who will benefit from the hospital’s services and are referred by a physician.
• The hospital also provides evaluation and treatment of children with specific learning disabilities (i.e. dyslexia). Related services (dental and eye clinics) are provided as needed. Comprehensive social services are provided as needed.
• Research is conducted at the hospital and speakers and films are provided to interested groups. There is no fee for treatment.

Texas Youth Hotline

Mail Code Y-987, P.O Box 149030
Austin, TX  78714-9030

Phone: 1.800.98.YOUTH (96884)
24-hour translation available
Fax: 512.339.5895
Email: larry.imhoff@dfps.state.tx.us
Website: www.texasyouth.org
Ages: Youth and their family members
Service Area: Texas

Services:
• Crisis intervention and referrals for youth and their caregivers experiencing family conflict.

Town Hall Adult Restorative Nursing & Day Care Center

226 E. 10th St., Dallas, TX 75203

Phone: 214.948.8892
Fax: 214.943.7248
Email: tvinfo@americanreligious.org
Website: www.americanreligious.org/adult_health_center.html
Hours: 7 a.m. to 5 p.m., M-F

Services:
• Structured day program offering personalized care services, rehab services, social services, activities, nursing, therapy, exercise, outings and nutrition services.
• Must have a medical diagnosis and physician’s orders.

Cost:
• Medicaid, Medicare, private pay (varies), Texas Dept. of Human Services contractor

• Criteria:
• Adults only- must have primary medical diagnosis and doctors orders. Can be used, once admitted, for respite.

Trinity River Mission

2060 Singleton Blvd., Suite 104
Dallas, TX  75212

Phone: 214.744.6774
Fax: 469.916.5832
Email: info@trinityrivermission.org
Website: www.trinityrivermission.org
Hours: Office: 9 a.m. to 5 p.m., M-F
Programming until 8 p.m.
Ages Served: Kindergarten to 12th grade
Languages: English and Spanish
Area Served: West Dallas

Services:
• After school enrichment and homework help. One-on-one literacy tutoring for elementary, middle and high school students.
• Believe and Achieve scholarship and mentoring program for middle and high school students including life skills training and college tours.
• Computer training. Parenting classes, family nights, cultural arts and leadership training.

Turning Point, A

1778 Plano Rd., Ste 112
Richardson, TX  75081

Phone: 972.234.8636
Fax: 972.234.8639
Email: ron.deage@aturningpoint.org
Hours: 9 a.m. to 6 p.m., M-Th
Ages Served: All
Area Served: Dallas, Metroplex, North Texas

Services:
• Addiction recovery programs; drug and alcohol assessments; interventions for addiction related crises.
• Counseling-individual, marital/couples and families.
• Hypnosis for traumas, fears and habits.
• Stress reduction, anger management and conflict resolution.

Urban Inter-Tribal Center of Texas

209 E. Jefferson Blvd., Dallas, TX  75203

Phone: 214.941.1050 x203
Fax: 214.942.0945
Hours: Medical Clinic
8 a.m. to 5p.m., M-Th
8 a.m. to noon, Friday
Dental Clinic
8 a.m. to 5p.m., W-F
Ages Served: All ages; must have tribal enrollment card (CDIB)
Area Served: Texas

Services:
• Health, social and employment services to residents of American Indian descent.
• Emergency assistance, medical and dental services, outpatient substance abuse and mental health counseling, and WIC.
• Food stamp assistance; Medicaid signup. Wellness center on location.

Urban League of Greater Dallas
4315 S. Lancaster Rd., Dallas, TX  75216

Phone: 214.915.4600
Fax: 214.915.4601
Website: www.dallasurbanleague.com
Hours: 8 a.m. to 5 p.m., M-F
Ages Served: 17 years and older
Area Served: Dallas and surrounding counties

Services:
• Employment, Health, Computer Training, GED, Housing (Emergency Assistance).
• Education and Youth Services, Senior Services (Grandparent Resource Group, benefits check-up)
• Case management counseling information and referrals.
• Community education and social activities

Veteran Affairs
4500 S. Lancaster, Dallas, TX  75216

Location: Southeast
Phone: 214.857.0388
1.800.849.3597
Fax: 214.462.4972
Website: www.northtexas.va.gov
Hours: Varies
Ages Served: 18 and older
Languages: Spanish, sign language interpreters, readers and brailed materials
Area Served: North Texas

Services:
• Comprehensive medical surgical and psychiatric treatment as well as extended care to eligible veterans.
• Substance abuse treatment, community case management, comprehensive homeless center programs.
• Psychosocial rehabilitation, supported housing and vocational assistance.

Victim Relief Ministries
660 International Parkway, Suite 140
Richardson, TX  75081

Phone: 972.234.3999
Fax: 972.234.9970
Email: vrm@victimrelief.org
Website: www.victimrelief.org
Hours: 9 a.m. to 4 p.m., M-F
By appointment
Ages Served: All
Languages: English and Spanish
Area Served: Dallas metroplex, surrounding cities and counties

Services:
• Crisis counseling by appointment.
• Limited rent, utility, furniture, food assistance for crime victims when available.
• Emotional support and referrals.
• Victims of violent crime or disaster/terrorism. Clients must be able to provide a police report and valid identification.

Vogel Alcove
7557 Rambler Rd., Ste 262
Dallas, TX  75231

Location: Northeast
Phone: 214.368.8686
Fax: 214.368.0414
Website: www.vogelalcove.org
Email: info@vogelalcove.org
Hours: 7 a.m. to 6 p.m., M-F (childcare)
8:30 to 5:30 p.m. (Admin)
Ages Served: 5 weeks to 5 years
Languages: English and Spanish
Area Served: Metroplex

Services:
- Free childcare and social services for families living in affiliated homeless shelters, domestic violence shelters and transitional housing programs.
- Other services include access to developmental therapies, parenting classes and other social services.

The Warren Center for Children with Developmental Differences
320 Custer Rd, Richardson, TX 75080

Phone: 972.490.9055
Fax: 972.490.9058
Email: center@thewarrencenter.org
Website: www.thewarrencenter.org
Hours: 8 a.m. to 5 p.m., M-F (admin)
Service times vary by region
Ages Served: Children 0-16 and their families
Area Served: North Dallas County for 0-3, Dallas, Collin, Denton Counties, etc., for older children

Services:
- Provides referrals for developmental screening and evaluations (children 0-3), early intervention and family support services.
- An affiliate of the Texas Interagency Council on Early Childhood Intervention.
- Therapy services and social skills for children over age 3 who have difficulties communicating and relating to others. Many children served have autism, Asperger’s or sensory integration issues.

Wednesday’s Child Benefit Corp
11882 Greenville Ave., Ste. 113
Dallas, TX 75243

Location: Northeast
Phone: 972.231.1433
Fax: 972.231.3422
Email: info@wedchild.org
Website: www.wedchild.org
Ages Served: 0-college
Area Served: North Texas

Services:
- Provides goods and services such as clothing, educational needs, and medical and dental needs to children in foster care via requests from DFPS caseworkers, CASA, TRAC and placement agencies.

Wesley-Rankin Community Center
3100 Crossman Ave., Dallas, TX 75212

Location: West Dallas
Phone: 214.742.6674
Fax: 214.741.2150
Email: Maria@WesleyRankin.org
Website: www.wesleyrankin.org
Hours: 9 a.m. to 5 p.m., M-F Admin
Program hours vary
Ages Served: Pre-K-Senior Adult
Languages: English and Spanish
Area Served: West Dallas

Services:
- Head Start pre-school, after school tutoring, mentoring and summer day camp.
- Young adult ministry, college scholarship program and community leadership.
- Senior adult program, holiday assistance, computer lab and catering.

West Dallas Community Center, Inc.
3918 N. Hampton Rd., Dallas, TX 75212

Location: Northwest
Phone: 214.760.8353
Fax: 214.760.8373
Email: admin@westdallas.org
Website: www.westdallas.org
Hours: 8:30 a.m. to 5 p.m., M-F (Admin)
11 a.m. to 7 p.m., M-F (Center)
10 a.m. to 6 p.m., M-F during school day calendar
Ages Served: 6-18
Languages: English and Spanish
Area Served: West Dallas (75212);
Four Center locations

Services:
- A safe and successful recreation program
- Group work with emphasis on individual participation in small organized groups.
- Computer and financial literacy education classes.
- Creative art groups, mentoring groups, drug education and prevention and a juvenile diversion program.

Locations:
Bataan St, 3232 Bataan, 214.742.2753
Joseph McMillan, 3730 Ladd, 214.745.1176
Positive Directions, 2223 Singleton Blvd., 140 Dallas West Shopping Center, 214.634.7691
West Dallas Multipurpose Center
2828 Fish Trap Rd., Dallas, TX  75212

Location:  Northwest
Phone:  214.670.6340
Fax:  214.670.6339
Ages Served:  All ages
Languages:  English and Spanish
Area Served:  City of Dallas

Services:
• Emergency assistance to individuals and families in financial crisis; food pantry.
• Special holiday programs including Thanksgiving food baskets and Christmas toy drives.
• Preventative health services and screening; older adult nutritional program.
• Special cultural celebrations and annual wellness expo.

WHO® (We Help Ourselves)
Mental Health America of Greater Dallas
624 N. Good-Latimer, Ste. 200
Dallas, TX  75204

Location:  Central
Phone:  214.871.2420
Fax:  214.954.0611
Email:  sjoseph@mhadallas.org
cmclouth@mhadallas.org
Website:  www.mhadallas.org
Ages Served:  Pre-school to High School
Languages:  English and Spanish

Services:
• Educational program teaches problem-solving and communication skills to keep children and adolescents from becoming victims of emotional, physical or sexual abuse. Age-appropriate curriculum.

WIC- Special Supplemental Nutrition Program for Women, Infants, and Children
2377 N. Stemmons, #400, Dallas, TX  75207

Phone:  214.670.7200
Fax:  214.670.7165
Website:  www.dallascityhall.com/ehs/wic_program.html
Hours:  7:30 a.m. to 4:30 p.m., M-F
Saturday appointments available
Ages Served:  Women, infants and children (0-5)
Languages:  All
Area Served:  Dallas County

Services:
• Call for clinic closest to you. Provides nutritious food, nutrition education, counseling, for children under age of 5.
• Eligibility based on income and nutritional need.

Wilkinson Center, The
5200 Bryan St., Dallas, TX  75206

Phone:  214.821.6380
Fax:  214.821.1972
Website:  www.wilkinsoncenter.org
Hours:  9 a.m. to 5 p.m., M-Th
        9 a.m. to 1 p.m., Fri
Ages Served:  All
Languages:  English and Spanish
Area Served:  75214, 75206, 75204, 75246,
            75223, and 75226

Services:
• Food pantry, employment classes, after school children’s program, senior art program and computer lab.

Locations:
Additional location at 3402 N. Buckner, Ste 302 (Towne Market Shopping Center)
Phone:  214.269.1418
Hours:  10 a.m. to 3 p.m., M-Th
        1 a.m. to 3:30 p.m. (food pantry items)

Women’s Advocacy Project

Phone:  1.800.374.HOPE (4673)
Family Violence, Legal Line
Fax:  512.476.5773

Services:
• Maintains a statewide toll-free hotline for women with legal problems relating to family violence or abuse.
YMCA of Metropolitan Dallas

23 Local Branches to Serve You

Association Office:
1621 W. Walnut Hill Ln., Irving, TX 75201

Location: 23 local metropolitan branches
Serving Dallas and some surrounding counties
Phone: Association Office: 214.880.9622
Fax: Association Office: 214.871.3014
Website: www.ymcadallas.org
Hours: Varies by branch
Ages Served: 6-17
Area Served: Dallas Metro, 19 locations in Dallas County

Services:
• School-age childcare offered at elementary schools and one day care center around the Greater Dallas region.
• To develop positive self-esteem in children, provide social opportunities, strengthen self-discipline, stimulate curiosity and encourage self-expression.
• Offers summer child care and camping programs along with variety of activities for the entire family.
• Programs offered but not limited to: sports, swimming, health & wellness classes/information, Y Adventure Guides (a parent child program), Youth & Government, Teen Achievers, and much more.
• Women’s Health (breast cancer screening and education.
• Financial literacy and Matched Savings Accounts (IDA).
• Nurse-Family Partnership: Parenting education and in-home visitation
• College scholarship program: assisting graduating seniors.
• Project Safe Place: organizes a network of emergency assistance sites.
• Independent Living Program: for adjudicated youth.
• Casa Shelter: runaway, homeless, or troubled youth.
• Sunset Teen Parenting: supporting teen patents from Oak Cliff and Sunset High School.
• Texas Youth and Government: educate teens about team government.

Locations:
Community Services YMCA (Park South), 2500 Rowine Ave., 214.421.5301
Coppell Family YMCA, 146 Town Center Blvd., 972.393.5121
Frisco Family YMCA, 3415 Main St., 972.271.9622
Frisco Family YMCA-HOP, 2401 Internet Blvd., Ste. 100, 972.335.3222
Garland Family YMCA, 1709 N. Garland, 972.272.3494
Garland YMCA Childcare Center, 3821 BRd.way, 972.271.4681
Grand Prairie Family YMCA, 4556 S. Carrier Pkwy, 972.642.9632
Irving Family YMCA, 2200 W. Irving Blvd., 972.986.8898
Lake Highlands Family YMCA, Stults & Greenville, 214.221.9622
Lakewest Family YMCA, 3737 Goldman, 214.630.9880
Moorland Family YMCA, 907 E. Ledbetter, 214.375.2583
Oak Cliff Family YMCA, 6701 S. Hampton, 214.330.6321
Park Cities Family YMCA, 6000 Preston, 214.526.7293
Plano Family YMCA, 5101 Tennyson Pkwy, 972.378.9622
Richardson Family YMCA, 821 Custer Rd., 972.231.3424
Rockwall Family YMCA, 1210 N. Goliad, 972.772.9622
T. Boone Pickens Family YMCA, 601 N. Akard, 214.954.0500
Town North Family YMCA, 4332 Northaven, 214.357.8431
YMCA at Whiterock, 7305 Gaston, 214.328.3849

Youth Advocate Programs, Inc

Dallas County Advocate Program
4225 Office Pkwy., Dallas, TX 75204

Location: Southeast
Phone: 214.821.9554
Fax: 214.821.9080
Email: rmorales@yapinc.org
Website: www.yapinc.org
Languages: English and Spanish
Area Served: Dallas County

Services:
• Intensive home-based case management and supported work (subsidized-employment) to youth who are referred by Dallas County Juvenile Probation Department.
Youth Advocate Programs Inc- Youth Advocate Counseling Services
4225 Office Pkwy., Dallas, TX 75204

Location: Southeast
Phone: 214.821.6505
Fax: 214.821.6504
Website: www.yapinc.org
Languages: English and Spanish
Area Served: Dallas County

Services:
• Intensive in-home therapy, office-based therapy and intensive outpatient programming for dually diagnosed adolescents. Families must be CHIP/NorthSTAR/amerigroup eligible.

Youth and Family Centers
912 S. Ervay (Administrative Centers)
1st Floor, Room 103, Dallas, TX 75201

Location: Northwest (main office; centers throughout Dallas)
Phone: 972.581.4770
Fax: 972.581.4784
Hours: 8 a.m. to 5 p.m., M-F; extended 8 a.m. to 8 p.m., two days weekly
Ages Served: School-aged children
Languages: English and Spanish
Area Served: Dallas ISD; nine centers

Services:
• School-based preventative/primary physical and mental health care.

Locations:
Amelia G. Flores, 9941 Lingo Ln, 972.502.4100
Spruce, 9617 Grady Ln, 972.502.4080
Woodrow/Long, 6006 Reiger, 972.502.4120
Redbird, 3803 Boulder, 972.502.4020
West Dallas, 3131 N. Hampton, 972.502.4040
North Oak Cliff, 501 S. Edgefield, 972.502.4000
Kiosco, 10034 Hedgeway, 972.502.4060
Seagoville, 15920 Seagoville, 972.892.7180
Eddie Bernice Johnson, 5000 S. Malcolm X Blvd., 972.749.5925